Raising Awareness Activities for DVAM and SAAM
In a Tribal Community

Jane Root, Director
Maliseet Domestic Violence and Sexual Assault Advocacy Program
1992
Her life was
Strangled out of her
Betty
I will never forget
you!

I FEEL AT PEACE FINALLY
Abuse never again

Life is healthy
Life is good to share
On my way to life
Abuse
Houlton Band of Maliseet Indians

Domestic Violence Response Program

Shawl Project

Native Traditions Honor Women and Support Equality
Native Traditions do not Support Violence Against Women

The Shawl Project was created

- ... To bear witness to the victims and survivors of domestic and sexual violence against Native Women and Children.
- ... To foster and further the healing process for those who are survivors of violence or have lost a loved one to domestic violence.
- ... To educate, document, and raise our society's awareness of the true extent and pervasiveness of violence against Women and Children.
- ... To provide a nationwide network of support, encouragement, and information for other Tribal communities starting their own Shawl Projects.

For more information about the Shawl Project please contact: Jane Root, Domestic Violence Program Director for the Houlton Band of Maliseet Indians.
88 Bell Road, Littleton, Maine 04730
(207) 532-2240 Ext. 28 or (207) 532-6401 (Confidential & Private Line)
**Houlton Band of Maliseet Indians**

**Domestic Violence Response Program**

**The Shawl Project**

**THE SHAWL COLORS SYMBOLIZE:**

<table>
<thead>
<tr>
<th>Color</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blue</td>
<td>Childhood Physical</td>
</tr>
<tr>
<td>Red</td>
<td>Sexual Abuse</td>
</tr>
<tr>
<td>White</td>
<td>Died as a Result of Domestic and/or Sexual Violence</td>
</tr>
<tr>
<td>Brown</td>
<td>Abused for Being a Woman (Racism, Sexism, Ageism, etc.)</td>
</tr>
<tr>
<td>Yellow</td>
<td>Domestic Abuse (Physical, Emotional, Verbal, Sexual)</td>
</tr>
</tbody>
</table>

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88 Bell Road, Littleton, Maine 04730

(207) 532-2240 Ext. 28 or (207) 532-6401 (Confidential & Private Line)
Everyone Knows Someone With A Story...

Ksuwosun Akonutomakonol
Catch The Dream Of Ending Domestic Violence
DREAM OF A WORLD Without DOMESTIC VIOLENCE Wednesday, October 21st

Catch the Dream to End Domestic Violence

Catch The Dream Tshirts will be distributed to all staff and Elders who are committed to showing their support for ending domestic violence by wearing the Tshirt FOR THE ENTIRE DAY on Wednesday, Oct 21st

We will also be running a ‘My dream of a world without domestic violence’ contest. The winner will receive A gift certificate for the Horn of Plenty Restaurant
OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

11th ANNUAL CANDLELIGHT VIGIL

When: Thursday, October 22nd
Time: 6:30 P.M.

Where: Maliseet Riverside Gymnasium

EVERYONE WELCOME!

Program Features:

Traditional Ceremonies
Candle Lighting Ceremony
Drumming / Singing
Candlelight Walk
Refreshments

PLEASE COME AND JOIN US IN HONORING THE CIRCLE/AFFIRMING A VIOLENCE FREE FUTURE FOR ALL OUR HOMES

Houlton Band of Maliseet Indians
Domestic Violence & Sexual Assault Program

For More Information Contact:
Jane Root, Program Director, 532-6401
Catherine St John, Shelter Coordinator
For all you do, this cookie is for you!

Please accept this cookie as a token of appreciation for all you do to help battered women and children.

The Houlton Band of Maliseet Indians
Domestic Violence Response Program
532-6401

The race is forever to be run by the Blackfoot. A symbol of the tradition of service.
the third annual denim day in the County

It's time to get involved! April is Sexual Assault Awareness Month

Tuesday, April 3, 2012

Denim Day is a day-long observance dedicated to raising awareness about sexual violence.

Wear your jeans with a purpose to show your support

DENIM DAY HISTORY
In 1996 the Italian Supreme Court overturned a rape conviction because the victim was wearing tight jeans at the time of the assault. The justices stated that the victim must have helped her attacker remove her jeans, from which he inferred consent. People all around the world were outraged. Wearing jeans on this anniversary became an international symbol of protest against erroneous and destructive attitudes about sexual violence.

Co-Sponsored By:
Maliseet Domestic Violence & Sexual Assault Program: 207-532-6401
AMHC Sexual Assault Services: 800-550-3304

Sexual Assault Awareness Month
denim day in Aroostook County
April 13, 2011
Houlton Band of Maliseet Indians
Breaking the Silence of Sexual Violence

5 Mile Run or 2 Mile Walk
Date: April 28th Walk: 9:45 am Run: 10:00 am

Registration: Registration will begin at 8:00 am at the Maliseet Gym in Houlton located on Foxcroft Road.
Award Ceremony: Award ceremony held at 11:15 AM
Walking Category Awards: First 3 walkers
5 Mile Run Category Awards: (M & F) 14 and under, 15-18, 19-29, 30-39, 40-49, 50-59, 60+
5 Mile Relay: First Relay Group to finish
Kids Race Awards: (M & F) Age categories TBA on race day. Participation medals will also be awarded
For More Information: Contact: Katie Bell at 207-352-3000 E-Mail: kbell@maliseets.com

T-Shirts are available at NO COST to HBMI Tribal Members & Employees

Name__________________________
City/Town__________________________
Ph #__________________________Age on Race Day__________
E-mail address__________________________[this information is not shared]
(Circle one) M F
Event (circle one) RUN WALK KIDS RACE (12 & under)
Are you participating in 5 mile relay (circle one) Y N
Relay Group. 1.) 2.) 3.)
Are you representing a group/organization/agency?
Shirt Size (circle one) Youth Sizes: YS YM YL
Adult Sizes: S M L XL XXL

Please mail bottom portion of registration to:
MDVSA Attention: Katie Bell, 650 Foxcroft Road Houlton, Maine 04730

This Event is Co-Sponsored By:
Maliseet DVSA AMHC SAS Aroostook Mustangs Running Club
Houlton
5K Run-Walk

Breaking the Silence of Sexual Violence

Co-Sponsored By:
AMHC Sexual Assault Services
Maliseet Domestic Violence & Sexual Assault Program
The Aroostook Musterds
Did you know April is Sexual Assault Awareness Month?

Dear Tribal Member,

The Maliseet Domestic Violence & Sexual Assault Program would like to invite you to take part in our 2012 Sexual Assault Awareness Campaign. This year's theme is Healthy Sexuality. If you would like to learn more about how you can get involved please call us at 207.532.3000.

We hope to see at our community events!

April 3rd: Denim Day All Day. Wear your jeans to show your support!

April 6th: Zumba for Awareness Join us 6-8pm at the Rollerama

### April 2012

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
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</thead>
<tbody>
<tr>
<td>1. It's Time to talk to your children about Healthy Sexuality</td>
<td>2. Do your homework. Read up on the topic of sexual development.</td>
<td>3.</td>
<td>4. Start an age-appropriate conversation about healthy sexuality.</td>
<td>5. Pay attention to what your children hear, see and say.</td>
<td>6.</td>
<td>7. Make it known you are available to discuss this as questions arise.</td>
</tr>
<tr>
<td>8. It's Time to talk about Consent</td>
<td>9. Drugs and Alcohol can render you unable to consent.</td>
<td>10. Consent needs to be clear &amp; specific.</td>
<td>11. Consent can be fun and sexy.</td>
<td>12. Communicate with your partner about your boundaries.</td>
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</tr>
<tr>
<td>15. It's Time to talk about Gender Norms</td>
<td>16. Gender norms are rules or ideas about how each gender “should behave.”</td>
<td>17. Gender norms often have double standards.</td>
<td>18. Less restrictive gender norms can create healthier sexual interactions.</td>
<td>19. How do gender norms shape the way we view our bodies?</td>
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</tr>
<tr>
<td>22. It's Time to talk about Sexuality Later in Life</td>
<td>23. Sexuality does not have an expiration date.</td>
<td>24. Sexual Violence is also a concern for older adults.</td>
<td>25. Be willing to discuss sexuality at any age.</td>
<td>26.</td>
<td>27. The most important thing we can do is support survivors of sexual violence.</td>
<td></td>
</tr>
<tr>
<td>29. It's Time to talk about Sexual Violence against Native Women</td>
<td>Did you know Native Women are 2.5 times more likely to experience sexual violence than women in the US in general?</td>
<td></td>
<td>1 in 3 Native Women will be a victim of rape in their lifetime.</td>
<td>26. 72% of adults aged 57-64 reported they were sexually active. Along with 52% aged 65-74 &amp; 26% aged 75-85.</td>
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All Month: Shawl & Clothesline Project
Be sure to visit our display at the Houlton Higher Education Center

April 28th: Break the Silence of Sexual Violence Run-Walk
Registration begins at 9am at the Maliseet Gym
GET READY!! Zumba Event FRIDAY, APRIL 6th

In Houlton!

IN RECOGNITION OF APRIL SEXUAL ASSAULT AWARENESS MONTH
Promoting Healthy Sexuality

DATE: FRIDAY, APRIL 6, 2012
TIME: 6:00 PM - 8:00 PM
REGISTRATION: STARTS AT 5:45 PM
LOCATION: Rollerama
PRICE AT DOOR: $10.00

CONTACT INFORMATION:
INSTRUCTOR: ALISSA BLACK Email: fitness@maliseets.com 532-2240
SPONSOR: Maliseet Domestic Violence & Sexual Assault 532-3000

WE WILL BE PROVIDING BOTTLED WATER, FRUIT, AND HEALTHY SNACKS
PRIZES FOR EVERYONE!!