Expect Respect SF

A City College of San Francisco Program
and a Community Collaborative
www.ccsf.edu/survive

City College of San Francisco (CCSF)

• One of the largest community colleges in the country
• 100,000 students at ten “campuses”
• Main campus located at the southern tip of the city near San Francisco State University, one of California’s four year regional universities

Background

• “Women and Violence” class, launched in early 1980s and modeled on San Francisco State University class
• Class linked to grassroots social justice work
• Class re-launched in early 1990s as “The Politics of Sexual Violence”
• Project SURVIVE, the CCSF SV/IPV prevention program developed in 1993, expanding on the University of California Rape Prevention Education Program peer education model
Training Program

- “The Politics of Sexual Violence”
- “Ending Sexual Violence: Peer Education”
- Two 3-unit classes that can be completed in one or two semesters
- Further training offered through the Sexual Health Educator Certificate, which includes HIV/STI prevention

Expansion 1994-2011

- 60 presentations/one peer educator the first post-pilot year, 1994-1995
- 400 presentations/35 peer educators, 2010-2011
- 200 at the college, including bilingual English-Spanish and English-Chinese presentations at the Mission District and Chinatown campuses
- 200 in SF public high schools (SFUSD) via Expect Respect SF (ERSF)

Expect Respect SF

- Serves all 16 SF public high schools through freshman year health classes
- Employs specially ERSF trained Project SURVIVE peer educators
- Established to fill city-wide need
- Operates as a community collaborative
Community Collaborative

- Initial reluctance
- Building trust through service learning projects and graduates entering the field
- Shared commitment to struggle against all forms of social oppression
- Support from The David B. Gold Foundation
- 11 active community based organizations/five core
- Joint curriculum building
- Three session format

The Three As

- **Anchor**
  tenured community college instructor
- **Authenticity**
  “near peers” aged 25 and under
- **Accountability**
  community collaborative committed to intersectionality and social justice

Peer Educator Team

- Sessions 1 and 2: CCSF peer educators
- Healthy relationship modeling:
  two presenters in each presentation
- Goal: gender diversity among presenting partners (need more men on team)
Cycle of Oppression
adapted from Teaching for Diversity and Social Justice Adams, et al

Insults and Walls
• Adapted from the “Bruises and Shields” exercise in Making the Peace: A 15-Session Violence Prevention Curriculum for Young People by Paul Kivel, Allan Creighton, and The Oakland Men’s Project
• Difference between walls and boundaries
• “Filters” and emotional well-being

Baby and Child with Walls
• Brainstorm words that describe a baby
• Show how insults lead to wall building
• “Can you have a healthy relationship if you have walls around you?”
Getting Help

Joey and Carl(a) Story

Act like a man/Act like a lady

- Classic activity originated by The Oakland Men’s Project and outlined in Paul Kivel’s *Men’s Work*
- Brainstorm of stereotypical gender roles
- Consequences of stepping out of the boxes
- Sexism and homophobia
- Cultural and class differences
“I didn’t like the story.”

- “Joey’s story is my story, and I’m not a bully.”
- Most abused children do not become abusers.
- Joey, the Ally
- So…join the Expect Respect SF team at CCSF, and work with us at your high school!

Are you an ally?

Step up to the plate.
Super Hero