Intimate Partner Violence/Domestic Violence Training Guide
For Pediatric Residents
Summer 2011

Developed by:
Dr. Ram Kairam, Chairman of Pediatrics Dept. Bronx-Lebanon Hospital Center
Dr. Cynthia Lewis, Medical Director of Adolescent Medicine, Bronx-Lebanon Hospital Center
Christina Alex, LMSW, Project Director, Start Strong Bronx
Alexandra Smith, LCSW, Project Coordinator, Start Strong Bronx
Evelyn Alvarez, Outreach Educator, Start Strong Bronx
July 14, 2011

Session One:
  Introduction of curriculum
  Pre-test (Physician Readiness to Manage Intimate Partner Violence instrument)
  Define and discuss dynamics of domestic violence (DV)
  Present misperceptions, myths and facts about DV.
  Present Materials to be disseminated to youth & families

Presenter:
  Alexandra Smith, LCSW Project Coordinator Start Strong Bronx

Goals:

  1) Understand and conceptualize issues of domestic violence (DV)
  2) Understand how DV is a health issue
  3) Be able to discuss the relationship between witnessing and/or childhood/youth abuse and adult DV
  4) Discuss role and responsibility of pediatrician in preventing childhood DV

Objectives:

  1) Define Domestic Violence (DV) and Teen Dating Violence (TDV)
  2) Identify types of abuse and dynamics of violent relationships
  3) Identify effects of domestic violence on youth and their families
  4) Learn the, “truth” about widely held misperceptions regarding DV
  5) Learn about community resources & services for Bronx youth

Activities:

  1) Pre-test
  2) Discussion & Presentation

Homework:

Appendix A

  1) Mary J. Erickson, Teressa D. Hill and Robert M. Siegel, “Barriers to domestic violence screening in the pediatric setting”
  2) “The role of the Pediatrician in Youth Violence Prevention in Clinical Practice and at the Community Level” Task Force on Violence, AAP
  3) Improving the Healthcare Response to Domestic Violence: A Resource Manual for Healthcare Providers” Chapter 1
July 19, 2011

Session Two:
  Dating Violence Screening Techniques and Tools

Presenter:
  Cynthia Lewis, MD Medical Director of Adolescent and Young Adult Health Programs

Goals:

1) Learn how to screen adolescents for teen dating violence and domestic violence in the home
2) Be able to identify signs of dating violence and witnessing domestic violence
3) Be able to raise the issue of dating violence/domestic violence with your young patients
4) Be skilled in educating young patients about safe and healthy relationships
5) Know what to do if DV is identified
6) Understand the role and responsibility of the practitioner

Objectives:

1) Learn how to talk to tweens and teens about DV
2) Learn the obvious and subtle signs of dating violence and domestic violence
3) Learn how to talk to tweens and teens about healthy relationships
4) Know what to do if a patient is experiencing dating violence or DV
5) Learn how to create a safety plan with youth and refer to appropriate services

Activities:

1) Presentation and Discussion
2) Role Play

Resources:

Appendix C
1) “Connected Kids Clinical Guide” handouts for youth
2) Sample of a safety plan
3) Sample Role Plays
4) FAQs from partner middle school students
August 2, 2011

Session Three:
Presenters:

Andy Benejam, LCSW-R, MPA Director of Social Work Bronx-Lebanon Hospital Center (BLHC) (30 minutes)
Hospital Administrative Policy on DV and Sexual Assault
New York State Law and the Joint Commission on Accreditation of Healthcare Organizations (JCAHO)

Alexandra Smith, LCSW (30 minutes)
Tips and techniques on how to engage youth.

Goals:

1) Know BLCH rules, regulations and protocol regarding DV
2) Have a working knowledge of expectations from JCAHO
3) Understand ethical dilemmas related to youth and DV
4) Understand how to engage youth in conversations about relationships

Objectives:

1) Understand BLHC’s protocol for identifying DV,
2) Know what to do during regular office hours and after hours
3) Learn about community legal services for Bronx youth
4) Know strategies for engaging youth

Activities:

1) Presentation by Andy Benejam
2) Discussion by Alexandra Smith with Assistance from Teen Advisory Board members.

Resources:

Appendix B
1) BLHC Administrative Policy on DV and Sexual Assault
2) JCAHO standards
3) Resources for youth and legal services
August 9, 2011

Session Four:
How to Talk to Parents of Young Patients

Presenter:
Cynthia Lewis, MD Medical Director of Adolescent and Young Adult Health Programs

Goals:

1) Understand importance of pediatrician's role in identifying DV and talking to parents about safe and healthy relationships
2) Have a rudimentary working knowledge of how to use the American Academy of Pediatrics’ (AAP) “Connected Kids Clinical Guide” in your clinical practice with youth

Objectives:

1) Identify challenges to implementing the guide
2) Become familiar with the AAP handouts
3) Identify personal biases and concerns about DV
4) Discuss ways to overcome personal biases for the good of the patient

Activities:

1) Presentation and Discussion
2) Role Plays

Resources:

Appendix D
1) “Connected Kids Clinical Guide” handouts for caregivers
August 16, 2011

Session Five:  
Teen Dating Violence

Presenter:  
Sophia Pazos, LMSW, Sanctuary for Families

Goals:

1) Understand how IPV can be identified at a pediatric appointment.  
2) Know barriers to care.  
3) Understand real life situations and how to manage them.  
4) Learn the importance of safety planning.

Objectives:

1) Be able to identify different types of abuse including:  
   a. Sexting, texting and cyber-bullying  
2) Know how to safety plan  
3) Be able to converse with young patients about technology as a weapon  
   and how to maintain safe boundaries  
4) Discuss how IPV manifests in the lives of youth and how the pediatrician  
   can identify subtle warning signs.

Activities:

1) Real life Role Plays and discussion.

Resources:

Appendix E  
1) Mayor’s Office to Combat Domestic Violence Fact Sheet Calendar  
   Year 2009  
2) Mayor’s Office to Combat Teen Dating Violence Fact Sheet  
   Calendar Year 2007  
3) Power and Control over Immigrant Women Wheel  
4) Victim Empowerment Wheel
August 30, 2011

Session Six:
  Role Play
  Q&A

Presenter:
  Cynthia Lewis, MD Medical Director of Adolescent and Young Adult Health Programs

Goals:

1) Review screening techniques for youth
2) Review how to talk to parents and caregivers about safe and healthy relationships in the 11 and 12 year old visit
3) Discuss importance of pediatrician's role in talking to the family unit about healthy relationships and dating violence prevention

Objectives:

1) Offer participants the opportunity to practice new engagement skills.
2) Demonstrate skills in screening and educating youth and parents

Activities:

1) Practice role plays
2) Post test