



U.S. Department
of Veterans Affairs

Diffusion of Innovation: Department of Veterans Affairs' pilot project to disseminate IPV programs in women's health clinics through mentoring

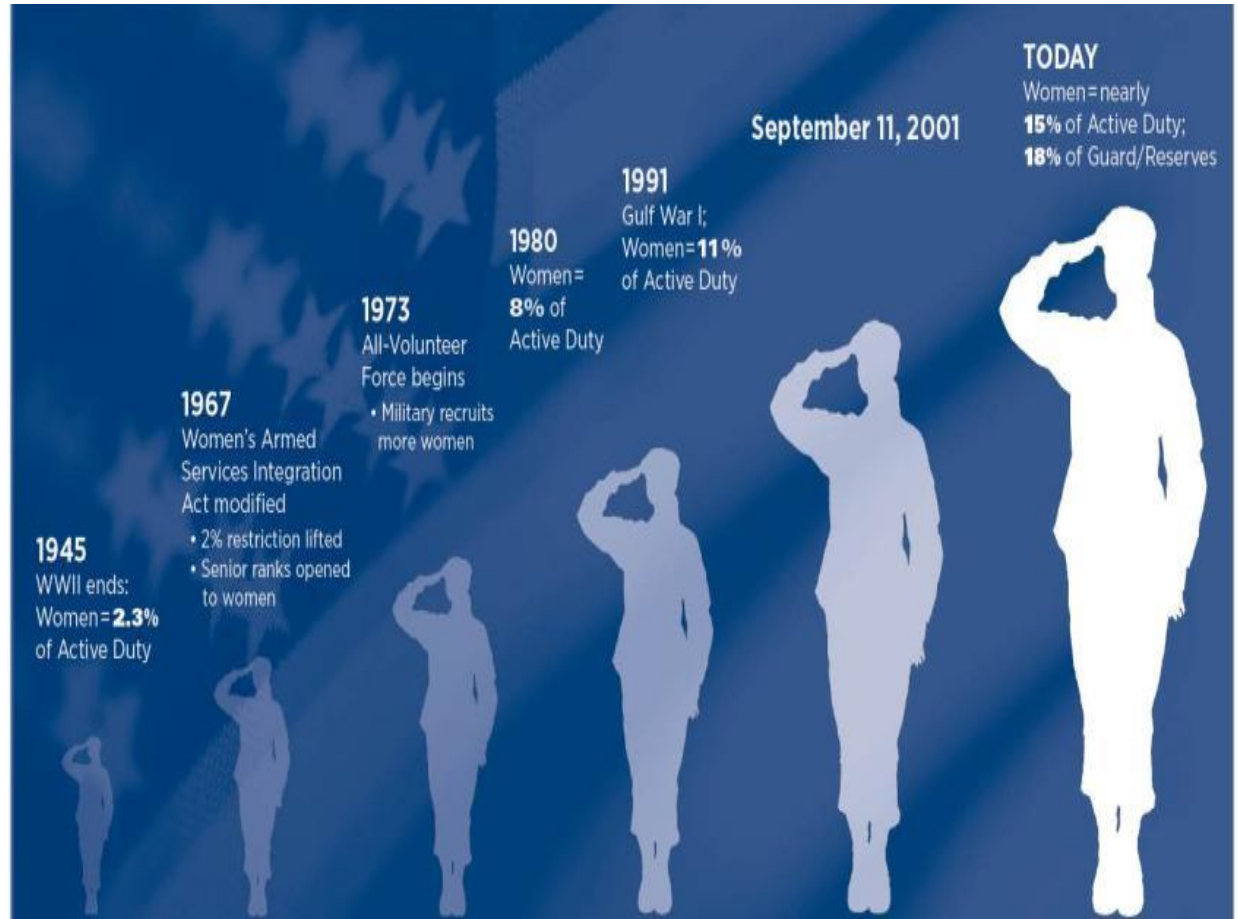
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Increasing number of Women in Military

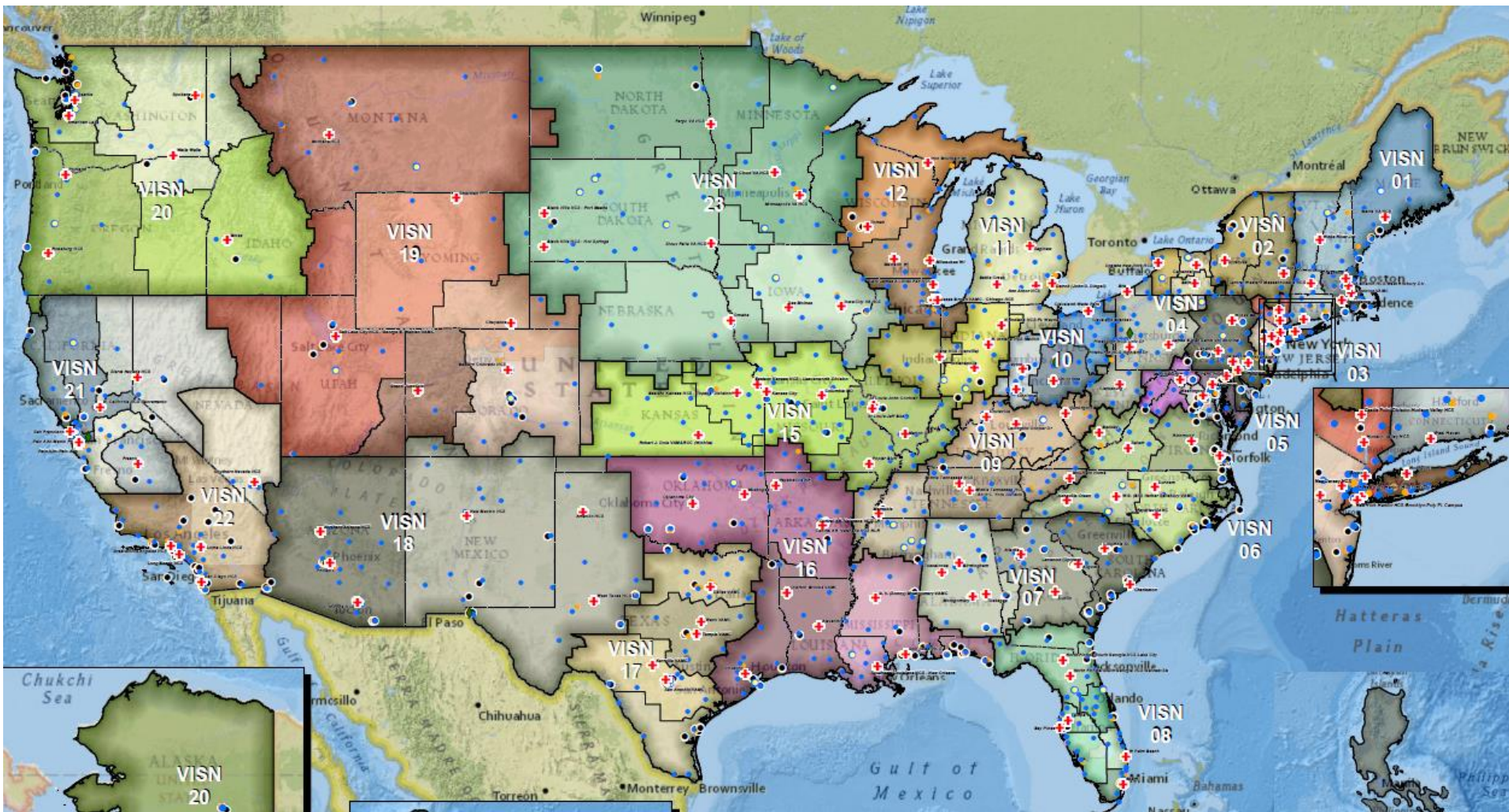
Demographics and History



Source: America's Women Veterans: Military Service History and VA Benefits Utilization Statistics, Department of Veterans Affairs, National Center for Veterans Analysis and Statistics, Nov. 23, 2011;
http://www.va.gov/VETDATA/docs/SpecialReports/Final_Womens_Report_3_2_12_v_7.pdf



Veterans Affairs Health Care System





Women's Health Services

- National Women's Health Service Office
- Women's Health Program at every VA medical center
- Every VA Medical Center is expected to have a Women Veteran Program Manager and Women Veteran Medical Director

Communication Channels:

- Monthly Calls
- Monthly Webinars
- Weekly E-Newsletters
- Sharepoint Sites
- Toolkits
- Regional Meetings

If you have seen one VA, you have seen one VA....

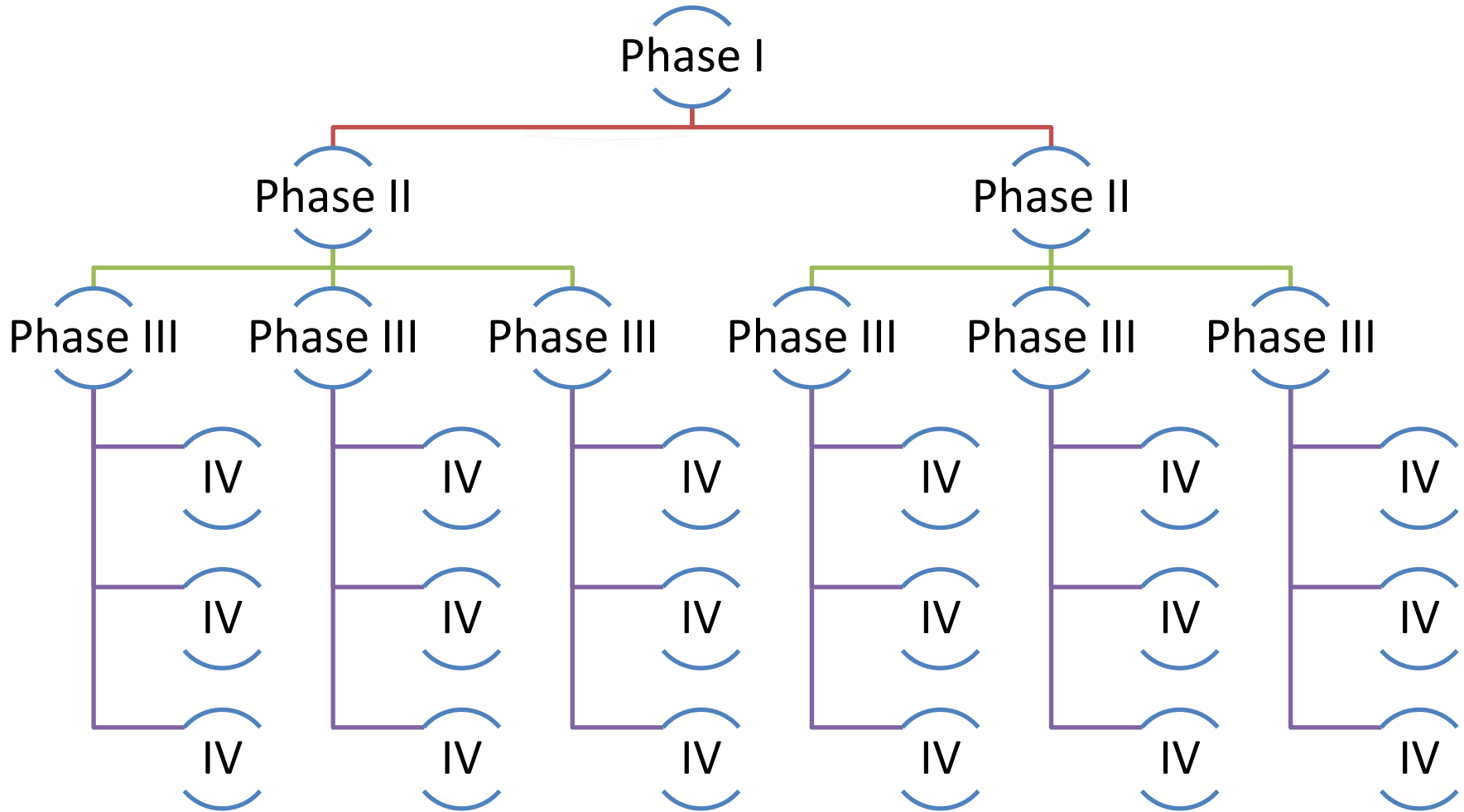


Women's Health Mentoring Program

- Purpose: To offer facility to facility support in the implementation of strategic programs that are important to national program office.
- Topics Covered: **Intimate Partner Violence**, Lactation Support, Eating Disorders, Mindfulness/Stress Reduction, Obesity
- Each year the number of mentor sites grows, as well as the number of mentees.



Diffusion of Innovation





IPV and the Military

- Among active duty women...
 - 22% reported IPV during active military duty
 - 30% report adult life-time prevalence of IPV
- Higher rates of child abuse and pre-military trauma
- Primary Care: 46% report current/past IPV
- Mental health: 70% report lifetime rate of IPV
- Behavioral Risk Factor Surveillance Survey: $\frac{1}{3}$ of veteran women experience lifetime IPV compared to $< \frac{1}{4}$ non-veteran women

- Frayne et al. Medical profile of women veterans administration outpatients who report a history of sexual assault occurring while in the military. *J Womens Health Gen Based Med.* 1999;8:835-45.
- Marshall et al. Intimate partner violence among military veterans and active duty servicemen. *Clin Psychology Rev* 2005;25:862-76.
- O'Campo et al. Depression, PTSD and comorbidity related to intimate partner violence in civilian and military women. *Brief Treat Crisis Int* 2006;6:99-110.
- Sadler et al. Lifespan and repeated violence against women during military service. *J Womens Health* 2004;13:799-811.
- Sayers et al. Family problems among recently returned military veterans referred for a mental health evaluation. *J Clin Psychiatry* 2009;70:163-70.



Philadelphia VA IPV Program

Program Components

Training

- Mental/Behavioral Health, Social Work
- Primary Care/Women's Health
- Emergency Department

Screening

- Women's Health Clinic
- Emergency Department

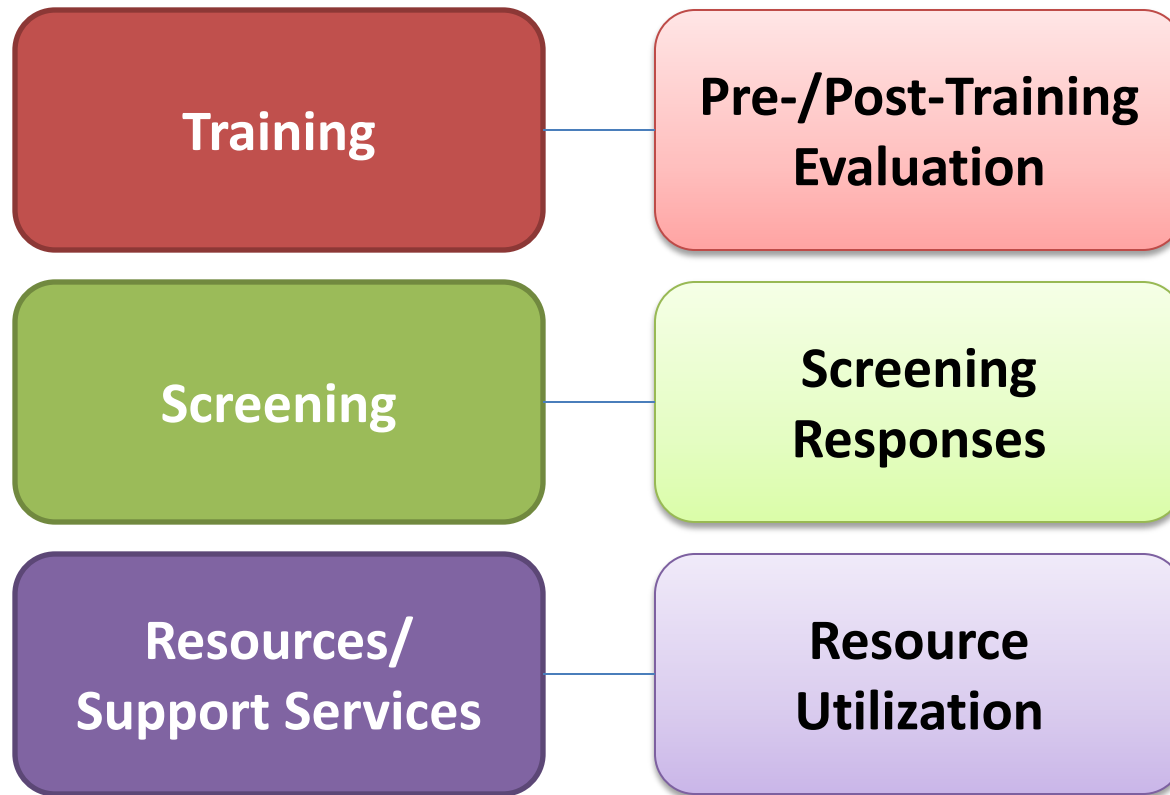
Resources/ Support Services

- Resource Information
- Social Work IPV Specialist



Philadelphia VA IPV Program

Program Evaluation





Diffusion: Working with Mentee Sites

- Communication/Process
 - Initial weekly meetings (telephone)
 - Ongoing monthly meetings (telephone)
 - As-needed consultation (e-mail or telephone)

- Sharing and Consultation
 - Updates
 - Challenges/Roadblocks/Considerations
 - Resources/Information
 - Plans/Next Steps

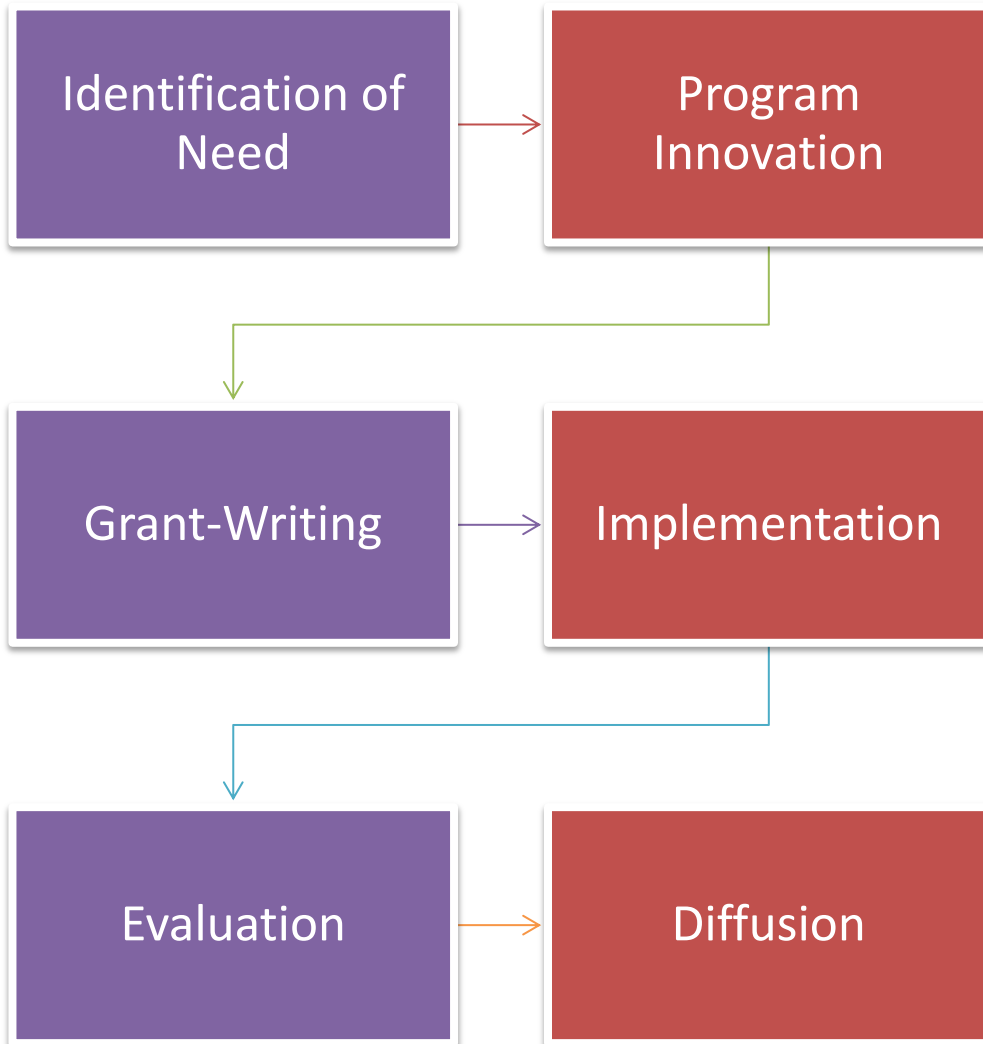


Diffusion: Lessons Learned

- Implementation differences: Community/Site-Specific Considerations
 - Norms
 - Events/Experiences
 - Setting characteristics
- Expanded community of practice
 - Learning from each other
 - Brainstorming together
 - Support/consultation
- Continuous refinement and feedback



Research/Practice Partnership





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Questions/Discussion

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