Addressing Human Trafficking as a Health Care Priority

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- Overview of human trafficking as a health care issue
- The MGH Human Trafficking Initiative
- The HEAL Trafficking Network
- Small group breakouts
 - Clinical care
 - Education
 - Policy/advocacy
 - Research



Report back and next steps



HUMAN TRAFFICKING AS A HEALTH CARE ISSUE

- Form of modern day slavery
- Profit from the exploitation of others
- Compelled service
- International and domestic laws
- Violation of human rights
- Violence with myriad devastating health outcomes

MAJOR FORMS OF HUMAN TRAFFICKING

- Forced labor
- Sex trafficking
- Bonded labor (debt bondage)
- Domestic servitude
- Forced child labor
 - Child soldiering
 - Child sex trafficking
- Organ trafficking

PREVALENCE

- 20.9 million persons in forced labor globally (ILO, 2012)
- \$150 billion USD per year (ILO, 2014)
- Victim demographics in the US (Banks & Kyckelhahn, 2011):





RISK FACTORS

History of child abuse Family dysfunction Lack of financial security / livelihood Substance use >**Community violence & corruption** >Runaway, throwaway, homelessness >LGBTQ Racial and ethnic minorities Migrant workers / undocumented immigrants Disabilities (physical, cognitive, learning)

MECHANISMS OF Power and Control

- Physical violence
- Sexual violence
- Intimidation
- Emotional violence
- Threats and coercion
- Economic dependence
- Isolation



Polaris Project, 2011

HEALTH OUTCOMES

Physical injuries

- Sexual transmitted infections and diseases
- Unwanted and high-risk pregnancies
- Complications from unsafe abortions
- Malnutrition
- Dental injury and disease
- Infectious diseases
- Substance abuse
- Somatic syndromes
- Psychological disorders

ACCESS TO HEALTH CARE

- Emergency departments
- Community health care clinics
- Urgent care centers
- Primary care practices
- Reproductive health clinics
- Dental practices



Up to 87.8% of trafficking survivors report encounters with health care professionals

(FVPF, 2005; Baldwin et al, 2011; Lederer & Wetzel, 2014)

RED FLAG INDICATORS

- Patient-provider interaction
- General exam
- Physical exam
- Skin exam
- Genitourinary exam
- Mental health
- Social history

RESPONDING TO TRAFFICKING

- Index of suspicion
- Privacy and confidentiality
- Professional interpreters
- Trauma-informed approach
 - Trust and rapport
 - Non-judgmental and respectful language
 - Strengths-based framework within a broader conversation about coercion and violence
- Documentation
- Mandatory reporting
- Lethality assessment and safety planning

MULTIDISCIPLINARY TEAM APPROACH

- No one provider can adequately respond to all needs
- Complex patients with complex needs
- Knowledge of local resources
 - Law enforcement
 - Department of Children and Families
 - Emergency housing and shelters

FEDERAL PROVISIONS

- Trafficking Victims Protection Act (TVPA)
- Federal Strategic Action Plan 2013-2017
 - HHS, DHS, OVC, SAMHSA, OVW, HRSA, DOJ
- Recent legislation
 - Trafficking Awareness Training for Health Care Act of 2014
 - HR 398

STATE PROVISIONS

Training for health care providers

Mandated reporting

POLICY INITIATIVES

Health professional organization policy statements

AMWA, AAP, ANA



THE MGH HUMAN TRAFFICKING INITIATIVE

- Formed in 2008 as one of the first trafficking-specific initiatives based at a US academic medical center
- Focus areas:
 - Research
 - Education
 - Policy/advocacy
 - Clinical care

THE MGH HUMAN TRAFFICKING INITIATIVE

- <u>Research</u> on trafficking and health: US, UK, Philippines, India, Brazil, Paraguay
- Education with a focus on health professional education and training
 - HT and Health Curriculum and Tool-Kit
 - MGH/Massachusetts Medical Society Guidebook
 - SOAR training in collaboration with USHHS

THE MGH HUMAN TRAFFICKING INITIATIVE

- Policy/advocacy at multiple levels:
 - State, Federal, Professional Medical Societies
- <u>Clinical care</u> (MGH Freedom Clinic)
 - Referral-only clinic for trafficking survivors
 - Primary and preventative care focus
 - Clinic advisory board includes survivors
 - Longitudinal data collection about health outcomes for the population served



HEAL TRAFFICKING

Health Professional, Education, Advocacy, Linkages Unite health professionals to advance their critical role in the national and global fight against human trafficking

HEALtrafficking.org



SMALL GROUP BREAKOUTS Clinical Care Education



Policy/Advocacy

Research

SMALL GROUP BREAKOUTS

- Choose area of interest
- Form groups of 8-10



- 1-2 facilitators, 1 "recorder/reporter"
- Discussion prompts or your own points
- 20 minutes total try to address at least 2 key questions / controversies
- 5 and 1 minute warnings
- Plenary report back and discussion

PLENARY REPORT BACK

- Major points of discussion
- Most salient vexing issues
- Major unanswered questions
- Next steps for the domain in question
- Additional points of interest



SMALL GROUP BREAKOUTS Clinical Care Education



Policy/Advocacy

Research

NEXT STEPS AND RESOURCES

STAY CONNECTED!



- Sign up for the HEAL Trafficking Network: <u>www.HEALtrafficking.org</u>
- Contact your loyal presenters
 - Roy Ahn: <u>rahn@mgh.harvard.edu</u>
 - Elaine Alpert: <u>ejalpert@massmed.org</u>
 - Wendy Macias-Konstantopoulos: <u>wmacias@mgh.harvard.edu</u>
 - Hanni Stoklosa: <u>hstoklosa@mail.harvard.edu</u>
 - Get/stay in touch with one another (share contact information before you leave!)



FOR YOUR PARTICIPATION AND COLLEGIALITY!