

# An evaluative framework for assessment of interventions provided by SNEHA for survivors of domestic violence in Mumbai, India

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Perinatal and Antenatal IPV and Household Maltreatment: Disclosure Decisions and Health Impact



# Healthy Women + Healthy children

= a Healthy Urban World

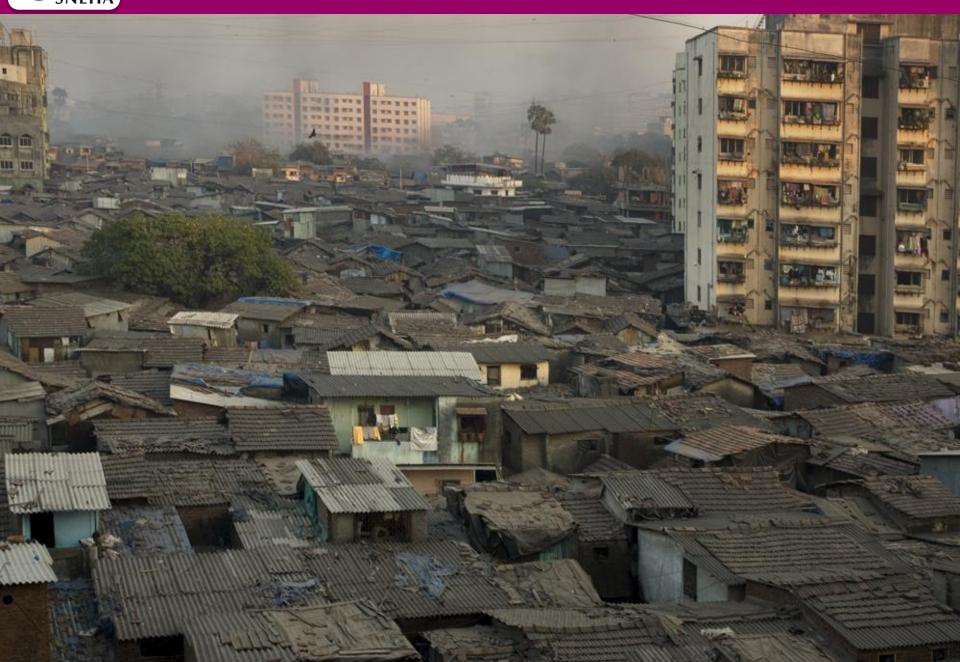


#### SNEHA's USP

- Largest NGO working on health of women and children in urban areas
- \* Resource Center for health issues of urban women and children
- Proven track record of working with public systems to make them more efficient and make our work sustainable
- All interventions backed by research University College London is a full time research partner
- Strong Trustee Board and Management comprising leading medical, public health and management professionals



## We work in informal urban settlements





Program on Prevention of Violence against Women and Children





## Prevention of Violence against Women and Children

#### Individual responses to violence

Advocacy through case management Visits by community health workers Home visitation and outreach by nurses

#### Community mobilisation

Participatory, community-driven projects that engage multiple stakeholders Support a process of critical thinking about violence and its consequences Promote and support equitable, non-violent gender norms Build new skills, support greater communication Support broader social diffusion of ideas in community

Community mobilisation: group training, public events, advocacy campaigns

#### Institutional responses to violence

Supporting connection to legal services, information and resources

Legislative and justice sector responses: laws, specialized police stations Health sector approaches and one-stop centres in or outside hospitals

Family and work life

Community

**Economic empowerment** 

Women-centred interventions for survivors of violence psychosocial support, advocacy, counseling, home visits

Interventions for perpetrators

#### Combined economic and social empowerment programs

Addition of participatory training to existing economic empowerment programs
Build knowledge and critical thinking, reanalysis of gender roles and expectations
Build skills in communication and conflict resolution
Support groups for individual support and outreach

Developed from Garcia-Moreno et al. Addressing violence against women: a call to action. Lancet 2014

Developed from Ellsberg M et al: Prevention of violence against women and girls: what does the evidence say? Lancet 2014

School-based interventions
Group training: educational meetings or workshops
to address underlying expectations, support skills
for communication and conflict resolution
Group training targeting men and boys
Group training with men and women

#### Programming with men and women

School or community-based workshops
Build knowledge and critical thinking,
reanalysis of gender roles and expectations
Promote changes in attitudes and behaviours
Build skills in communication and conflict resolution



#### Model of intervention and prevention

## Recognition of and action on gender-based violence Convergence approach

Crisis
Intervention
and
Counseling

Prevention and Community Intervention

**Public System Strengthening** 

**Little Sister** 

Police

Health

Judiciary



 Gain insight into the changing forms of violence through the crisis profile of survivors of domestic violence accessing SNEHA's counseling centers

 Understand evaluation measures studied and practiced by SNEHA to assess counseling, community, and public system interventions

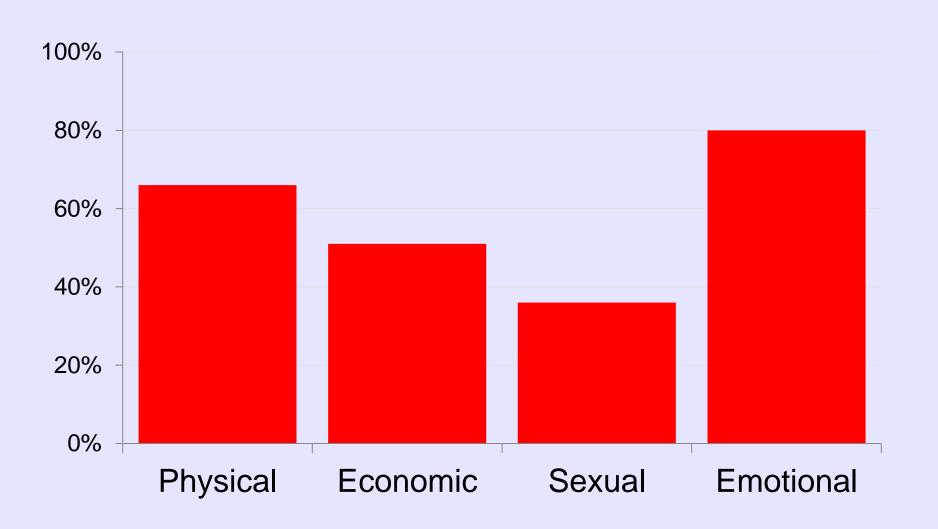


## Profile: 328 women, 2013-2014

Aged 20-29	45%
Married	81%
Newly married (<2 years)	8%
Unemployed	60%
Joint family	50%
Facing ongoing violence	46%
Husband primary perpetrator	41%

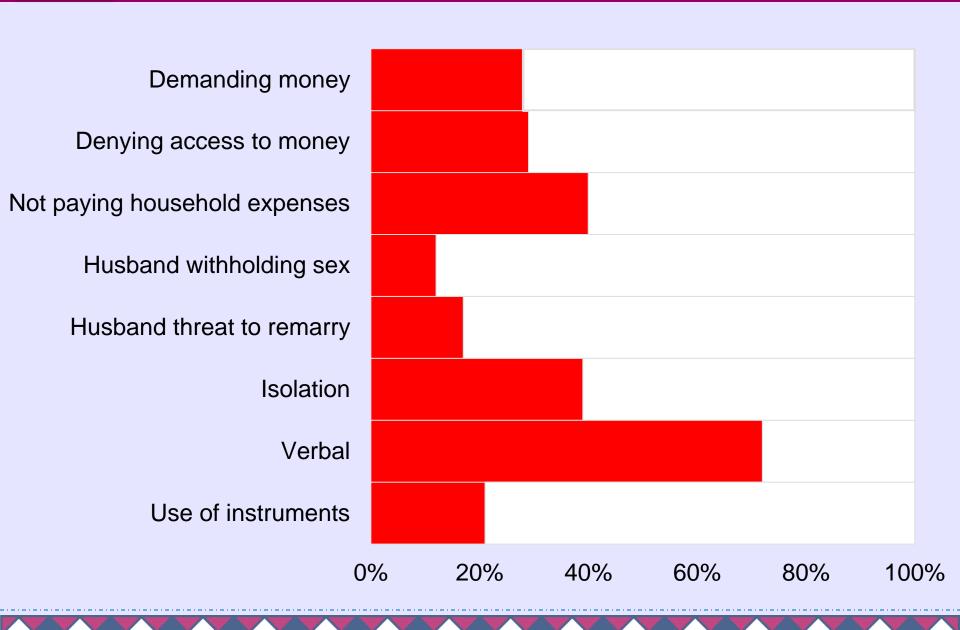


## **Types of Abuse**



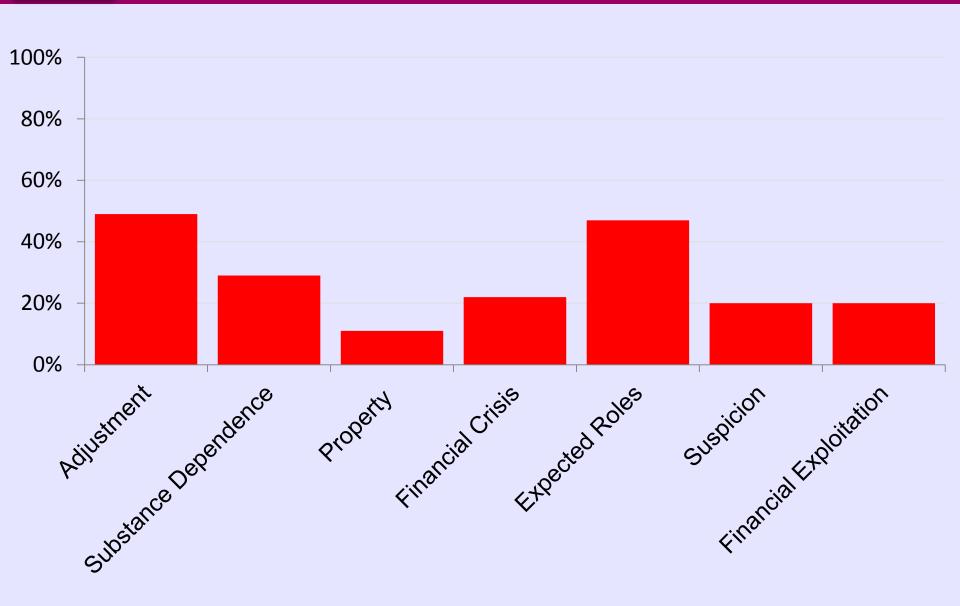


#### **Detailed examples of Abuse**



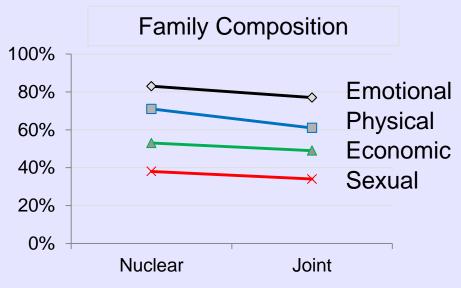


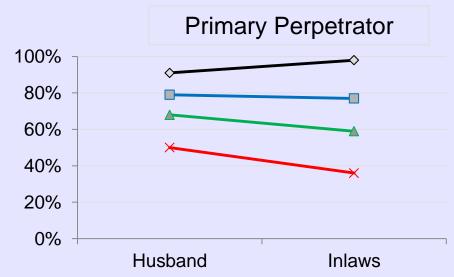
#### **Underlying difficulties**

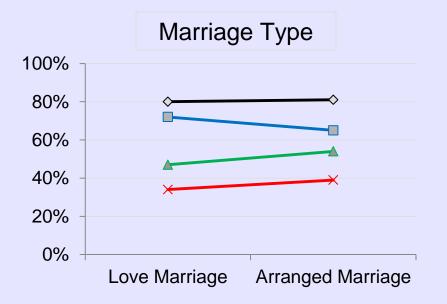


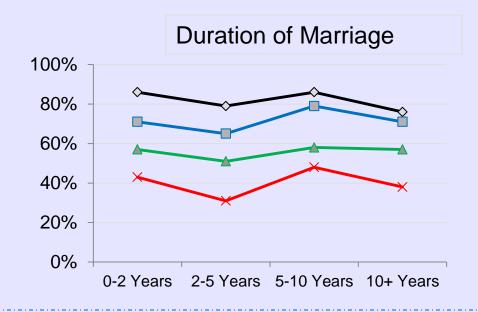


#### **Abuse and home situation**









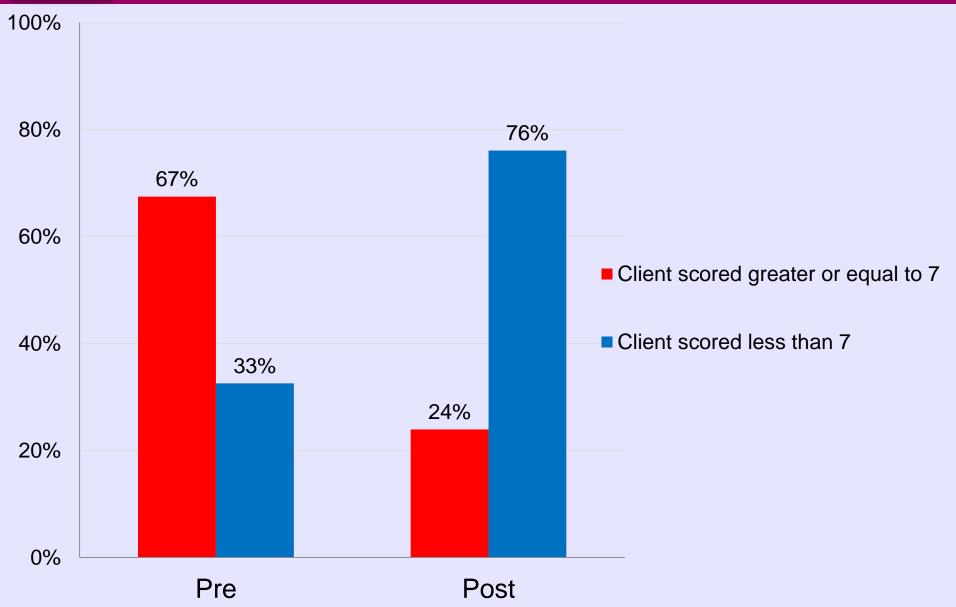
#### **Mental Health Indicators**

 The General Health Questionnaire (GHQ-28) is a screening device for identifying psychological wellbeing of the client. It assesses somatic symptoms, anxiety, depression, and suicidal thoughts.

 Rosenberg Self-Esteem Scale is a tool using a 10item Likert-type scale to measure clients' self-worth and self-acceptance.

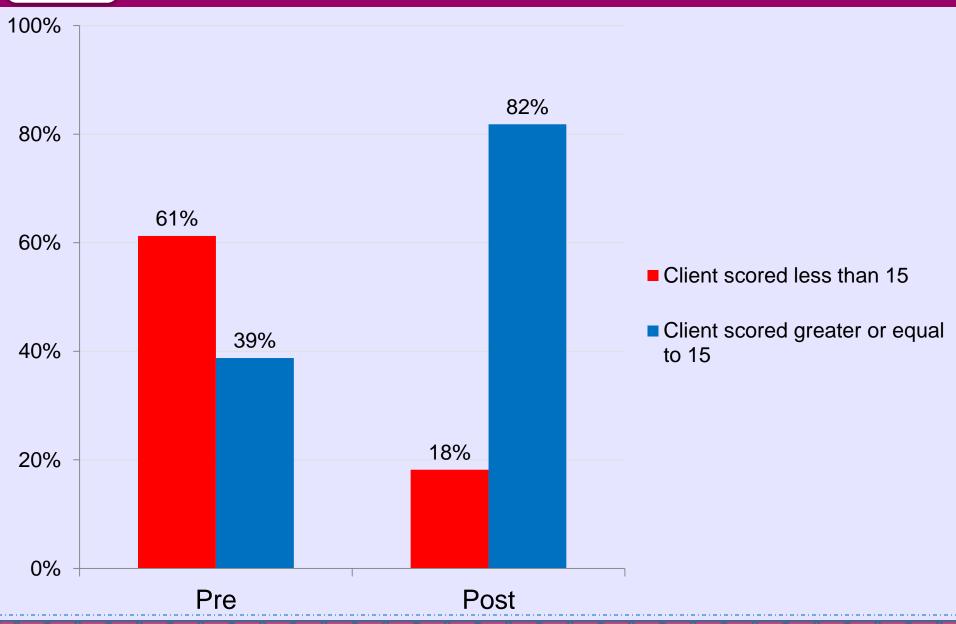


## GHQ 28 209 women, 2013-2014





#### Rosenberg self-esteem scale 209 women, 2013-2014





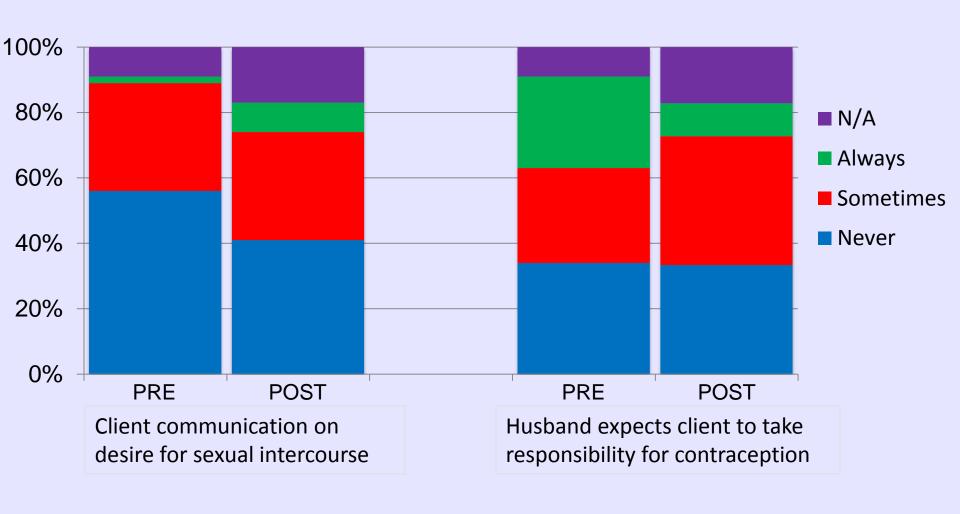
#### **Measuring Empowerment**

- Women's Empowerment has five components:
  - sense of self-worth;
  - right to have and to determine choices;
  - right to have access to opportunities and resources;
  - right to have the power to control their own lives,
     both within and outside the home;
  - ability to influence the direction of social change to create a more just social and economic order, nationally and internationally.

Source: Guidelines on Women's Empowerment, United Nations Population Information Network

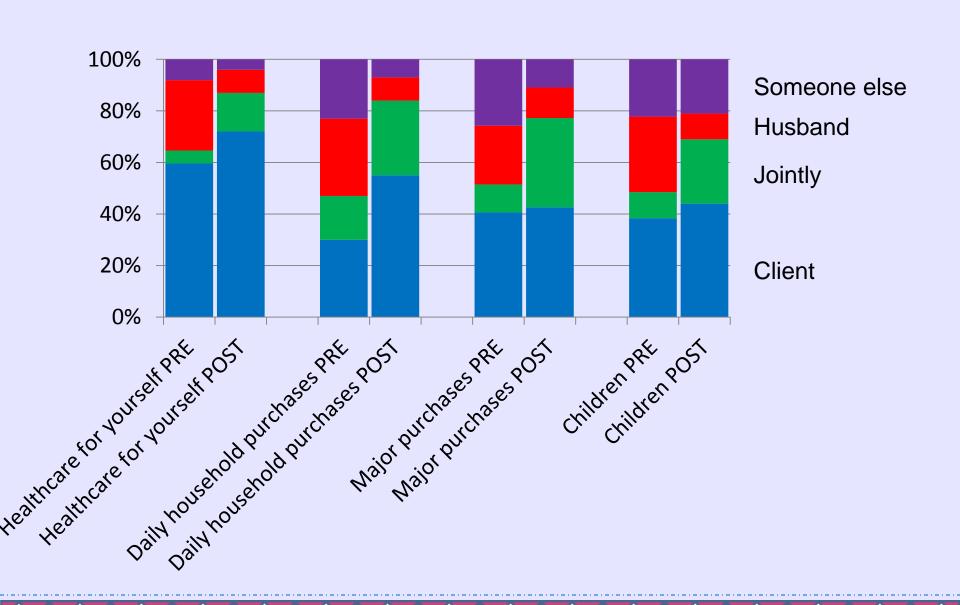


#### Sexual relationships 209 women, 2013-2014



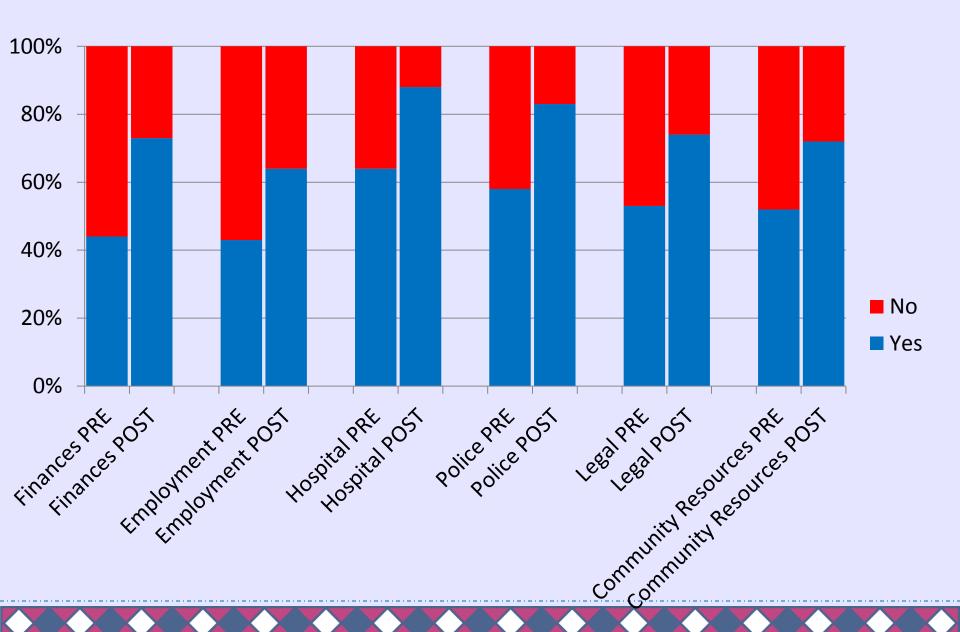
#### **Decision making**

#### 209 women, 2013-2014



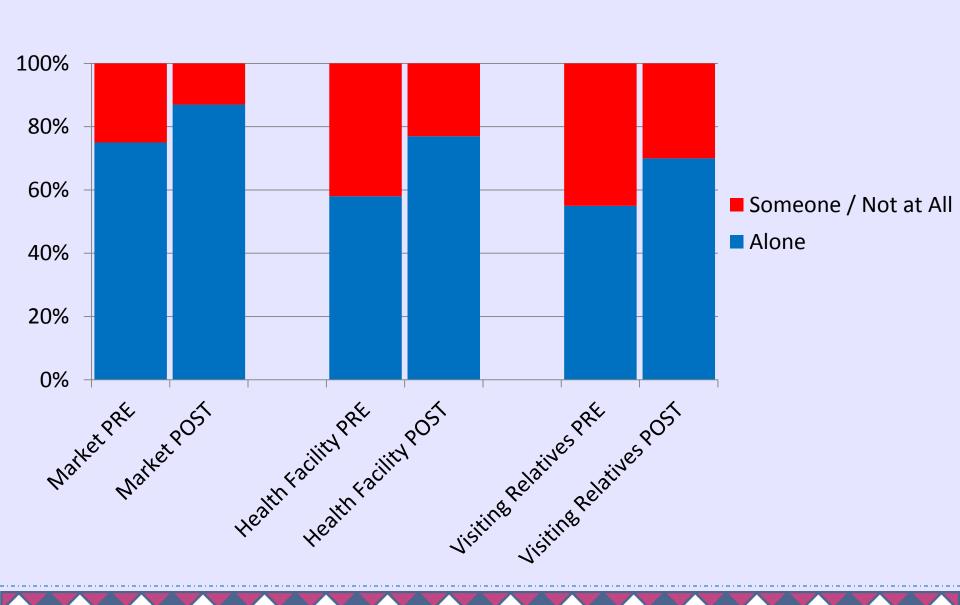


#### Access to Resources 209 women, 2013-2014





#### Mobility 209 women, 2013-2014





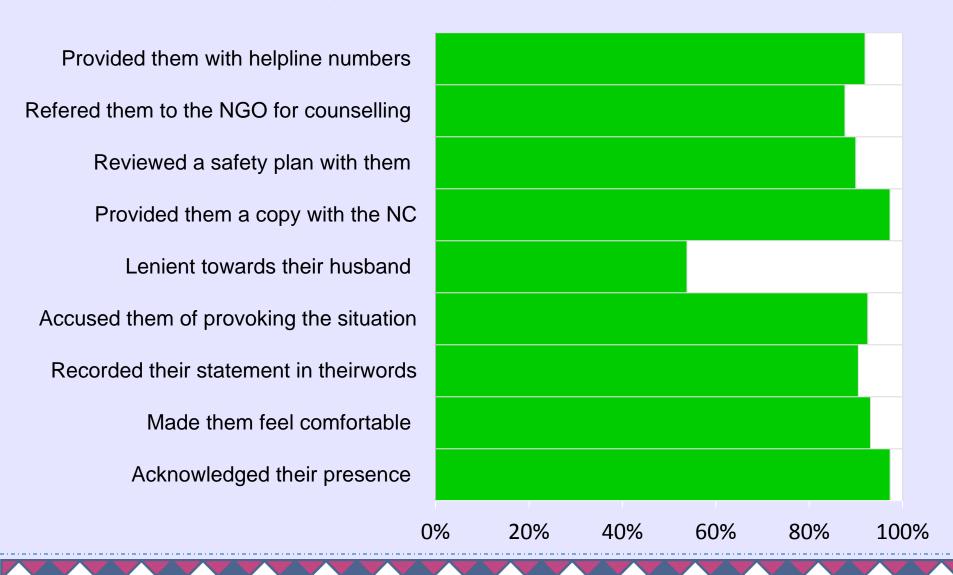
## **Working with Legal and Law Enforcement**





#### **Police sensitization**

#### 76 women interviewed July – September 2014





#### **Working with health systems**





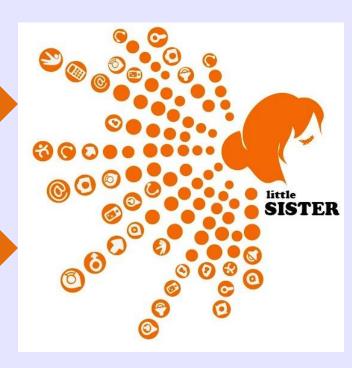
#### **Little Sister: Crowdsourcing Violence**

Uses mobile alerts and GPS to identify and map violence in Dharavi

Uses a mobile platform for the community volunteers to document the ongoing violence

Provides immediate help through four major interventions: police, hospital, counseling center, and home-based support

Sends inconspicuous text messages and provides a toll-free number to register repeat violence for immediate support





#### **Little Sister: Crowdsourcing Violence**



367 cases registered through the Little Sister mobile phone system. 62 cases brought to Centre. July – Dec 2014.









"Women (and children) are not dying because of a disease we cannot treat. They are dying because societies have yet to make the decision that their lives are worth saving."

Mohammed Fathalla

(Ex-president, International Federation of Gynecology and Obstetrics)