

# COLLABORATING TO KEEP FAMILIES HEALTHY

THE PARTNERSHIP BETWEEN HOME VISITATION  
PROGRAMS AND DOMESTIC VIOLENCE PROVIDERS IN  
ARIZONA



Futures Without Violence - National Conference  
On Health and Domestic Violence  
March 20, 2015





# AFFORDABLE CARE ACT - MATERNAL , INFANT AND EARLY CHILDHOOD HOME VISITING GRANT

- ◆ 2010 - 2015 \$12 million/year
- ◆ Increased evidence-based home visiting in the state
- ◆ Funded system building including the creation of an alliance- Strong Families Az



# MIECHV BENCHMARK: REDUCE DOMESTIC VIOLENCE

- ❖ As Measured by:
- ❖ number of families identified for presence of domestic violence (screening)
- ❖ number of referrals made to relevant domestic violence services
- ❖ number of families identified for presence of domestic violence for which a safety plan was completed





# COLLABORATIVELY DEVELOPED A PLAN

- ❖ 1 FTE at ACESDV to:
- ❖ Provide Futures Without Violence training to home visitors statewide
- ❖ Develop cross program standards for home visitors
- ❖ Provide technical assistance to home visiting programs





# REINFORCING THE MESSAGE

- ◆ Constant Contact
- ◆ Conference Presentations
- ◆ Web site information
- ◆ Presentations on DV at Coalition meetings



# COMMUNITY CONNECTIONS ARE KEY

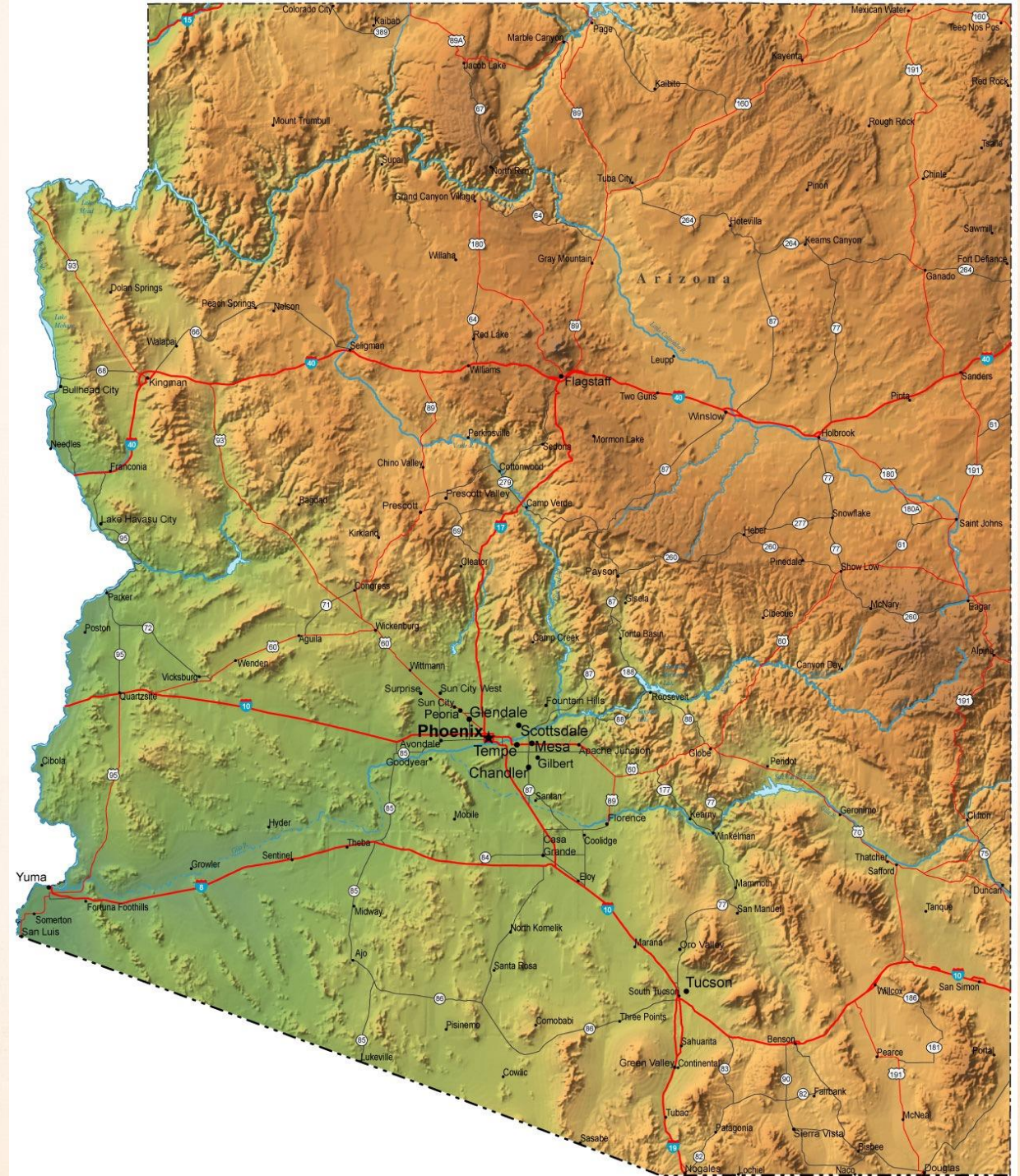
- ❖ Meeting with and shadowing home visitors in the communities where trainings would be held
- ❖ Attend local rural home visitation coalitions statewide
- ❖ Visit local domestic violence programs in the communities where trainings will be held to talk to them about home visitation programs
- ❖ Invite domestic violence providers to speak and answer questions at their local training
- ❖ Encourage professional connections by involving local domestic violence providers when providing technical assistance





# TRAININGS IN 2014

- ◆ 12 “Healthy Moms Happy Babies” trainings held
- ◆ 9 counties received trainings
- ◆ 229 home visitors attended





# COLLABORATING FOR BEST PRACTICES

- ◆ Statewide representatives from both home visitation programs and domestic violence programs
- ◆ Guidelines contain cross-program standards that are applicable for all home visitation programs
- ◆ Three guidelines trainings held so far in 2015





# SAFETY CARD

- ◆ Easy to use safety plan
- ◆ Strengths based
- ◆ Developed specifically for Arizona home visitors to utilize



**SAFETY IN MY HOME**

**CALL 911 IF YOU ARE IN DANGER**

- Trust your intuition and think of what has kept you safe in the past
- When things get heated, avoid the kitchen, bathroom, or bedroom; and make sure you have a clear path to an exit so that you can flee to safety
- Have a family code word to indicate danger
- Teach your children a safe place to go if things get heated
- Teach your children to dial 911 or find an adult to help

**SAFETY IF LEAVING**

- If you are planning on leaving, do not give any indication of your plans.
- Designate a safe place for you and your children to go (friend, neighbor, family member, or shelter)
- Keep in mind that your abuser may be stalking you via your cell phone or social media.
- Know where important documents are in case you must leave quickly or keep important documents with a trusted friend.

**STRONG FAMILIES AZ**  
Arizona's home visiting alliance

**ARIZONA COALITION**  
TO END SEXUAL & DOMESTIC VIOLENCE

Funded by U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau Grant D89MC23140.

**SAFETY CARD**

## SAFETY PLANNING

### SAFETY AFTERWARDS

- Talk to a legal advocate about getting an Order of Protection and other steps to keep you and your children safe
- Change the passwords for your voicemail, social media accounts, and email.
- Talk to a domestic violence advocate for more specific safety planning for your situation.

### IMPORTANT ITEMS TO GATHER IF LEAVING

If you cannot safely get these before leaving that is okay—all of them can be replaced, but you and your children cannot!

- ✓ ID/Social Security cards
- ✓ Extra keys
- ✓ Birth certificates/Passports
- ✓ Medication
- ✓ Shot and school records
- ✓ Legal Papers
- ✓ Cash/Credit cards
- ✓ Passwords
- ✓ Something familiar and comforting for your children

### EMERGENCY PHONE NUMBERS

**Services Access for Domestic Violence Victims (SAF-DV)**

**To find a local shelter, call:**  
**844 SAFEDVS**  
**(723-3387)**

**Arizona Legal Advocacy**  
**Hotline: (602) 279-2900**

**National Domestic Violence**  
**Hotline:**  
**1 (800) 799-7233**

\_\_\_\_\_  
(Local Shelter)

\_\_\_\_\_  
(RBHA Crisis Line)



# CQI



2013

low rates of DV identification  
low rates of referral  
low rates of safety planning

2014

Training, TA, guidelines and  
education efforts start

referrals increase over 50%  
safety planning increases  
over 50%



# QUESTIONS?

Jeanette Shea

Jeanette Shea and Associates LLC

[Jeanette.shea@gmail.com](mailto:Jeanette.shea@gmail.com)



Ellie Nierstedt

Arizona Coalition to End Sexual and  
Domestic Violence

[ellie@acesdv.org](mailto:ellie@acesdv.org)

