

Expect Respect SF

A City College of San Francisco Program
and a Community Collaborative

www.ccsf.edu/survive

City College of San Francisco (CCSF)

- One of the largest community colleges in the country
- 100,000 students at ten “campuses”
- Main campus located at the southern tip of the city near San Francisco State University, one of California’s four year regional universities

Background

- “Women and Violence” class, launched in early 1980s and modeled on San Francisco State University class
- Class linked to grassroots social justice work
- Class re-launched in early 1990s as “The Politics of Sexual Violence”
- Project SURVIVE, the CCSF SV/IPV prevention program developed in 1993, expanding on the University of California Rape Prevention Education Program peer education model

Training Program

- “The Politics of Sexual Violence”
- “Ending Sexual Violence: Peer Education”
- Two 3-unit classes that can be completed in one or two semesters
- Further training offered through the Sexual Health Educator Certificate, which includes HIV/STI prevention

Expansion 1994-2011

- 60 presentations/one peer educator the first post-pilot year, 1994-1995
- 400 presentations/35 peer educators, 2010-2011
- 200 at the college, including bilingual English-Spanish and English-Chinese presentations at the Mission District and Chinatown campuses
- 200 in SF public high schools (SFUSD) via Expect Respect SF (ERSF)

Expect Respect SF

- Serves all 16 SF public high schools through freshman year health classes
- Employs specially ERSF trained Project SURVIVE peer educators
- Established to fill city-wide need
- Operates as a community collaborative

Community Collaborative

- Initial reluctance
- Building trust through service learning projects and graduates entering the field
- Shared commitment to struggle against all forms of social oppression
- Support from The David B. Gold Foundation
- 11 active community based organizations/five core
- Joint curriculum building
- Three session format

The Three As

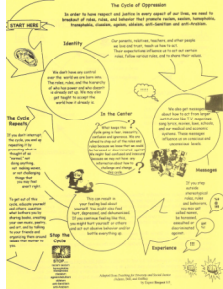
- **Anchor**
tenured community college instructor
- **Authenticity**
“near peers” aged 25 and under
- **Accountability**
community collaborative committed to intersectionality and social justice

Peer Educator Team

- Sessions 1 and 2: CCSF peer educators
- Healthy relationship modeling:
two presenters in each presentation
- Goal: gender diversity among presenting partners (need more men on team)

Cycle of Oppression

adapted from *Teaching for Diversity and Social Justice* Adams, et al



Insults and Walls

- Adapted from the “Bruises and Shields” exercise in *Making the Peace: A 15-Session Violence Prevention Curriculum for Young People* by Paul Kivel, Allan Creighton, and The Oakland Men’s Project
- Difference between walls and boundaries
- “Filters” and emotional well-being

Baby and Child with Walls

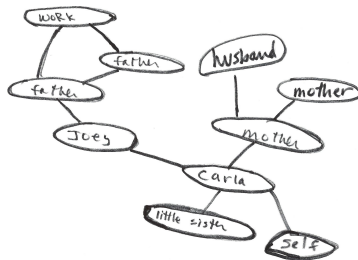


- Brainstorm words that describe a baby
- Show how insults lead to wall building
- “Can you have a healthy relationship if you have walls around you?”

Getting Help



Joey and Carl(a) Story



Act like a man/Act like a lady

- Classic activity originated by The Oakland Men's Project and outlined in Paul Kivel's *Men's Work*
- Brainstorm of stereotypical gender roles
- Consequences of stepping out of the boxes
- Sexism and homophobia
- Cultural and class differences

“I didn’t like the story.”

- “Joey’s story is my story, and I’m not a bully.”
- Most abused children do not become abusers.
- Joey, the Ally
- So...join the Expect Respect SF team at CCSF, and work with us at your high school!

Are you an ally?



Step up to the plate.



Super Hero

