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An Evaluation of Intimate Partner Violence Services at a Pediatric Hospital

Mario Cruz, MD, FAAP Assistant Professor of Pediatrics St. Christopher's Hospital for Children Drexel University College of Medicine March 30th, 2012



Disclosures

Dr. Cruz is on the speaker's bureau for the Institute for Safe Families but has no commercial conflicts of interest to disclose.



Intimate Partner Violence <u>is</u> a Pediatric Issue

Eat your vegetables.

Don't play with matches.

Finish your homework.

Respect women.



Thackery JD, et al. 2010

Barriers to IPV Screening

Personal Factors:

- Did not know that IPV was a pediatric issue
- Did not know how to screen for IPV
- Did not feel comfortable screening for IPV
- Forgot to screen for IPV
- Systems-based factors:
 - —— No protocol to manage positive screens
 - Lack of time

McColgan MD, et al. 2008, Erickson MJ, et al. 2001; Parkinson GW, et al 2001

CAMP- Children and Mom's Project

- Collaboration with:
 - Lutheran Settlement House's IPV Program
 - Institute for Safe Families
- Bilingual IPV counselor available 40 hrs/week
 - 4 days onsite
 - By pager on Fridays
 - Immediate and ongoing counseling services



The SCHC Approach to IPV: Frequent Education

- IPV education built into:
 - Pediatric residency curricula
 - Nursing "extended core" curricula
- Hospital-based Departments
 - Offered training annually and upon request
- New employee orientation



Utilization of IPV "Champions"

- From multiple disciplines:
 - Attending Physicians
 - Nurses
 - Social workers
 - Resident physicians



- Educate their colleagues on IPV
- Encourage screening for IPV
- Design protocols for IPV screening

IPV screening protocols

- All staff encouraged, but not expected to screen
- Verbal screening techniques
 RADAR cards
- Do <u>not</u> screen if:
 - Another adult is present
 - Lack of privacy
- Caution if:
 - Child > 3 year old
- Document only with permission

RADAR FOR PEDIATRICS: A DOMESTIC VIOLENCE INTERVENTION

R = ROUTINELY SCREEN MOTHERS FOR ABUSE

Intervening on behalf of battered women is an active form of preventing child abuse. Victims of violence are very likely to disclose abuse to a health care provider, but only if they are asked about it. Always interview the parent alone if the child is over two years old.

A = ARE YOU BEING HURT?

Ask questions routinely in the course of taking a social history in the context of safety and discipline. "The safety of moms can affect the health and safety of children, so I want to ask you some personal questions." "Because violence is common in so many women's lives, I've begun to ask about it routinely:" "Is there anyone who has physically or sexually hurt you or frightened you?" "Have you ever been hit, kicked, or punched by your partner?" "I notice you have a number of bruises; did someone do this to you?"

IF THE MOTHER ANSWERS "YES", SEE OTHER SIDE FOR RESPONSES AND CONTINUE WITH THE FOLLOWING STEPS:

D = DOCUMENT YOUR FINDINGS

Document in the pediatric chart that RADAR screening was done. Indicate response as "+", "-", or "suspected." Ask Mom if it is safe to document in chart. If yes, use statements such as "the child's mother states she was..." With her permission, include the name of the assailant in your record. "She says her boyfriend, John Smith, struck her..." Note any obvious injuries to the mother. Offer her help in arranging for appropriate medical services.

A = ASSESS SAFETY OF MOTHER AND CHILDREN

Before she leaves the medical setting, find out if it is safe for her and her children to go home. Has there been an increase in frequency or severity of violence? Have there been threats of homicide or suicide? Is there a gun or other weapon present? Have there been threats to children or pets? Are the children currently being abused or in immediate danger?

R = RESPOND, REVIEW OPTIONS & REFER

Know in-house and local resources for referral. If the patient is in imminent danger, find out if there is someone with whom she can stay. Does she need immediate access to a shelter? Offer her the opportunity to use a private phone. If she does not need immediate help, offer information about hotlines and resources in the community (see other side). Offer to write down phone numbers if it is unsafe to take information. Remember that it may be dangerous for her to have these in her possession. Discuss the effects of family violence on children. Do the children need a referral? Make a follow-up appointment to see her and her children and document the options discussed.

InstituteforSafeFamilies.org

Objective:

Describe the utilization of IPV services at St. Christopher's Hospital for Children

Methods

- Retrospective review of all IPV client charts
- 53 months between Sept 2005 Feb 2010
- Medical records were *not* reviewed
- Inclusion criteria:
 - IPV victim identified by SCHC staff
 - IPV victim interested in IPV services
 - IPV victim received services from our IPV counselor

Methods: Variables assessed

- IPV victim demographics
- Referral source
 - Hospital staff member
 - Hospital department
- Type of IPV screening
 Routine vs. risk factor based



- Services provided by IPV counselor
- Rates of longitudinal service use

Results:

Number of IPV Victims Identified

- 453 <u>unique</u> IPV referrals over 53 months
 - 101 new referrals per year
 - Approx 8 new referrals per month
 - Range of 0 to 21 new referrals per month
- No identifiable temporal referral pattern

Demographics of New IPV Referrals

- IPV victim age
 - Range 14 71 yrs
 - Median of 24 yrs
- Number of dependents
 - –4% Zero
 - -41% One
 - 23% Two
 - 32% Three or more

- IPV victim gender
 100% Females
- IPV victim race
 - 44% Latina
 - 40% African American
 - 10% Caucasian
- IPV victim zip code
 33 zip codes

IPV Referral Source by Hospital Department



IPV referral source by hospital staff



Type of screening used to identify IPV victim



IPV services utilized by new referrals

63%



*Other= mental health referrals, in-kind donations, financial planning, social service advocacy.

Time required for IPV new referrals



Longitudinal IPV service utilization

- Longitudinal use:
 - > 3 encounters AND > 15 minutes of utilization
- 69% used services briefly
- 31% used services longitudinally

N=637	MEDIAN	MIN	ΜΑΧ
# of contacts	2	1	218
# of Minutes	35	5	7720
# of Days	1	1	1289

More recently...

240 unique referrals in the last 12 months

3 former resident champions are now on the attending staff

Conclusions

- Hospital-wide IPV screening can be successful in pediatric settings
- Recommendations for other institutions:
 - *Routine* screening for both inpatient *and* outpatient settings
 - Supplement verbal screening with written screening
 - Designated IPV counselor
- Many QI opportunities exist





Thank you!

IPV counselors Patricia Barry Cruz, LSW Ramona Peralta, BA

Research assistants Ryan McGorty, MPH Christine Weirich, MPH

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Mariocruz3@gmail.com



IPV referrals from resident clinic

