

RED FLAGS Dating Violence Quick Screen

R	Relationship Status	<input type="checkbox"/> Are you dating anyone? <input type="checkbox"/> Does your relationship seem like it got serious really fast? <input type="checkbox"/> How old were you when you started dating?
E	Emotional Abuse	Does your boyfriend or girlfriend (bf/gf): <input type="checkbox"/> Put you down or criticize you? <input type="checkbox"/> Say hurtful things about the way you look, dress or do your hair? <input type="checkbox"/> Invade your privacy? <input type="checkbox"/> Use physical intimidation, "mad-dogging," or breaking things? <input type="checkbox"/> Lie or threaten to be unfaithful? <input type="checkbox"/> Excessively text or call you? <input type="checkbox"/> Share private things about you on MySpace, Twitter, or Facebook? <input type="checkbox"/> Forward your private texts to people without your permission? <input type="checkbox"/> Make you feel like you have to "sext" or something bad will happen? <input type="checkbox"/> Make you feel bad, call you names, threaten to break up with you, hurt or force you if you say no to sex, want to practice safe sex or use birth control?
	Educational Sabotage	<input type="checkbox"/> Do you ever think about hurting yourself because of your relationship? <input type="checkbox"/> Cause "drama" or try to stop you from going to school, doing homework, or participating in sports or other extra-curricular activities?
D	Drug or Alcohol Use	<input type="checkbox"/> Do you ever feel worried or scared when your bf/gf drinks or uses drugs? <input type="checkbox"/> Has your bf/gf ever hurt or scared you when they drink or use drugs? <input type="checkbox"/> Do you ever find yourself drinking or using to cope with abuse or anger?
	Friends and Family	<input type="checkbox"/> Does your bf/gf support you spending time with your friends or family? <input type="checkbox"/> Does your bf/gf text or call over and over when you are spending time with friends or family? <input type="checkbox"/> Do friends and family say they are worried about your relationship? <input type="checkbox"/> Does your bf/gf know where you are or what you're doing all the time?
F	Lethality Assessment	If youth respond to many of the indicators of RED FLAGS above, they may be at risk for serious and potentially deadly dating violence. Section A will help you assess the level of risk or lethality.
A	Anger Arguments Aggression Abuse History Access to Weapons Animal Cruelty Attempts or Threats to Harm Self or Others	<input type="checkbox"/> How does your bf/gf act when they are angry or arguing with you? <input type="checkbox"/> Have your arguments gotten worse lately? <input type="checkbox"/> Does your bf/gf ever act aggressively or violently in an argument? <input type="checkbox"/> Does your bf/gf have a history of being abused or acting abusively to others? <input type="checkbox"/> Does your bf/gf have any weapons? Has your bf/gf ever threaten you with a weapon? <input type="checkbox"/> Does your bf/gf threaten to or hurt animals? <input type="checkbox"/> Has your bf/gf ever tried or talked about hurting themselves or others to deal with jealousy, anger or when facing a breakup?
G	Give Youth-Centered Resources	Youth who identify multiple serious risks in Section A need safety resources immediately. Section S below provides a list of confidential youth-centered resources they can access to increase their safety.

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F	Lethality Assessment	If youth respond to many of the indicators of RED FLAGS above, they may be at risk for serious and potentially deadly dating violence. Section A will help you assess the level of risk or lethality.
A	Anger Arguments Aggression Abuse History Access to Weapons Animal Cruelty Attempts or Threats to Harm Self or Others	<input type="checkbox"/> How does your bf/gf act when they are angry or arguing with you? <input type="checkbox"/> Have your arguments gotten worse lately? <input type="checkbox"/> Does your bf/gf ever act aggressively or violently in an argument? <input type="checkbox"/> Does your bf/gf have a history of being abused or acting abusively to others? <input type="checkbox"/> Does your bf/gf have any weapons? Has your bf/gf ever threaten you with a weapon? <input type="checkbox"/> Does your bf/gf threaten to or hurt animals? <input type="checkbox"/> Has your bf/gf ever tried or talked about hurting themselves or others to deal with jealousy, anger or when facing a breakup?
G	Give Youth-Centered Resources	Youth who identify multiple serious risks in Section A need safety resources immediately. Section S below provides a list of confidential youth-centered resources they can access to increase their safety.

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Safety Planning and Dating Violence Resources

Safety planning is an important first step when youth identify they are experiencing dating violence. Youth-centered safety should involve the following things:

- Support youth in developing their own individualized safety planning. A good resource for individualized teen safety planning can be found at: <http://www.thesafespace.org/pdf/handout-safety-plan-workbook-teens.pdf>
- Strategize with the youth on how to involve their friends in their safety plan.
- Encourage youth to develop a code word with their parents and friends to indicate they are unsafe.
- Include tech and internet abuse in their safety plan.
- Role play with youth on safe birth control negotiation.
- Encourage youth to tell someone they trust about the abuse. Breaking the silence saves lives!
- Remind them to keep a cell phone charged with minutes.
- Help them to memorize important numbers instead of just storing them in their cell phones.

National Resources

Love is Respect National Dating Abuse Helpline (24/7 Crisis Line with Youth Advocates Available 4 p.m.- 2 a.m.)
1-866-331-9474, <http://www.loveisrespect.org/>

- Break the Cycle <http://www.breakthecycle.org/>
- Love is Not Abuse <http://loveisnotabuse.com/web/guest>
- That's Not Cool <http://www.thatsnotcool.com/>

New Mexico Resources

- Enlace Comunitario (English/Spanish) 505.246.8972 <http://www.enlacenm.org/>
- New Mexico Asian Family Services (Not for Emergencies) 505.934.5139 <http://nmafc.org>
- New Mexico Coalition Against Domestic Violence 505.246.9240 (Not for Emergencies) <http://www.nmcadv.org/>
- New Mexico Coalition to Stop Violence Against Native Women 505.243.9199 (Not for Emergencies) <http://www.csvanw.org/>
- Rape Crisis Center of Central New Mexico Crisis Line (24/7) 1.888.811.8282 or 505.266.7712 <http://rapecrisiscnm.org/>

Nelson, A. (2009). RED FLAGS: A Universal Screening Tool for Teen Dating Violence.

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