

# Raising Awareness Activities for DVAM and SAAM In a Tribal Community



Jane Root, Director  
Maliseet Domestic Violence and Sexual Assault  
Advocacy Program

Silent NO More *Catch the Dream to End Domestic Violence*







Women

Violence

Ageism, etc)

and, sexual)

# Houlton Band of Maliseet Indians

## Domestic Violence Response Program

# Shawl Project

Native Traditions Honor  
Women and Support  
Equality



Native Traditions do not  
Support Violence Against  
Women

The **Shawl Project** was created

- ... To bear witness to the victims and survivors of domestic and sexual violence against Native Women and Children.
- ... To foster and further the healing process for those who are survivors of violence or have lost a loved to domestic violence.
- ... To educate, document, and raise our society's awareness of the true extent and pervasiveness of violence against Women and Children.
- ... To provide a nationwide network of support, encouragement, and information for other Tribal communities starting their own Shawl Projects.



For more information about the Shawl Project please contact: Jane Root,  
Domestic Violence Program Director for the Houlton Band of Maliseet Indians,  
88 Bell Road, Littleton, Maine 04730  
(207) 532-2240 Ext. 28 or (207) 532-6401 (Confidential & Private Line)



# Houlton Band of Maliseet Indians

## Domestic Violence Response Program

### The Shawl Project



#### THE SHAWL COLORS SYMBOLIZE:

**Blue:** Childhood Physical / Sexual Abuse

**Red:** Sexual Abuse

**White:** Died as a Result of Domestic and/or Sexual Violence

**Brown:** Abused for Being a Woman (Racism, Sexism, Ageism, etc.)

**Yellow:** Domestic Abuse (Physical, Emotional, Verbal, Sexual)



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ase  
top..

Wolwahawakon  
Museum

2006  
NO  
Abuse!  
Love  
yourself  
D.V.  
Domestic  
Violence  
Prevention  
Center

Wolwahawakon  
Museum

VIOLENCE

for my  
my  
They su  
for

Part 23  
The end is  
not the beginning  
of the end...  
In Memory  
Beverly  
Folthies  
8-13-84

PLEASE  
ABUSE  
PARTS  
LEAVING  
SOME  
I  
YOU  
LOVE  
LOVE  
AP  
FEEL

I FEEL AT  
PEACE FINALLY

Break  
the  
Boutic  
of  
Violence

Houlton Band of Maliseet Indians  
Domestic Violence & Sexual Assault  
Response Program  
presented by  
Shared Stories Project  
Shared Color and Meaning  
PINK: DOMESTIC VIOLENCE  
PURPLE: SEXUAL ASSAULT  
GREEN: ABUSE  
WHITE: HEAL AS A RESULT OF DOMESTIC AND/OR  
SEXUAL VIOLENCE



# Houlton Band of Maliseet Indians

Domestic Violence & Sexual Assault  
Response Program  
presents the

## Shawl Stories Project

- Shawl Color and Meaning -

- YELLOW:** DOMESTIC ABUSE AND/OR SEXUAL ABUSE
- BROWN:** ABUSED FOR BEING A NATIVE AMERICAN WOMAN (RACISM, SEXISM)
- BLUE:** CHILDHOOD PHYSICAL AND/OR SEXUAL ABUSE
- RED:** SEXUAL ABUSE
- WHITE:** DIED AS A RESULT OF DOMESTIC AND/OR SEXUAL VIOLENCE



For more information about the Shawl Stories Project please contact: Anne Ross, Domestic Violence & Sexual Assault Program Director for the Houlton Band of Maliseet Indians, 601 Forest Hill Road, Houlton, ME 04730 (207) 532-6401 or (207) 564-1322



Everyone Knows Someone  
With A Story...

*Shawl Stories*

Ksuwosun Akonutomakonol



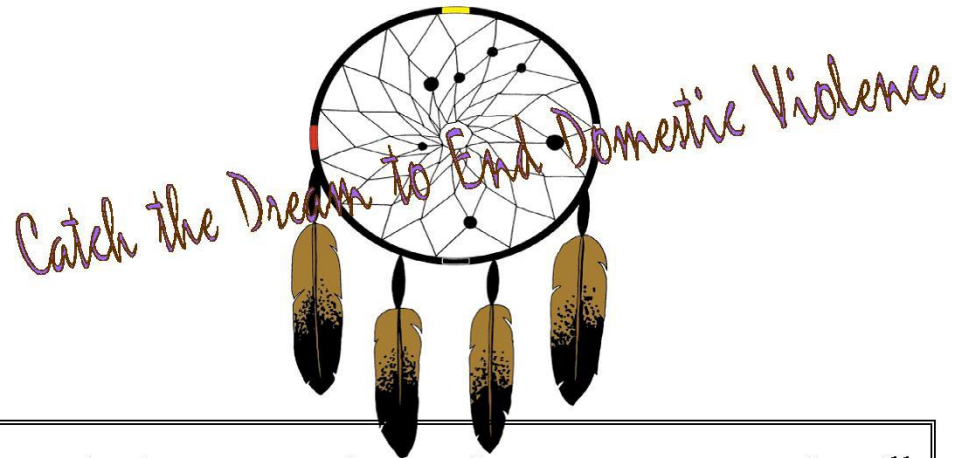


# Catch The Dream Of Ending Domestic Violence

Maliseet Domestic Violence and  
Sexual Assault Program  
532-6401



DREAM OF A WORLD  
Without  
DOMESTIC VIOLENCE  
Wednesday, October 21st



Catch The Dream Tshirts will be distributed to all staff and Elders who are committed to showing their support for ending domestic violence by wearing the Tshirt FOR THE ENTIRE DAY on Wednesday, Oct 21st

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We will also be running a  
'My dream of a world without domestic violence' contest.  
The winner will receive  
A gift certificate for the Horn of Plenty Restaurant



# OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH



## 11th ANNUAL CANDLELIGHT VIGIL

*When: Thursday, October 22nd*

*Time: 6:30 P.M.*

*Where: Maliseet Riverside Gymnasium*

*EVERYONE WELCOME!*

### Program Features:

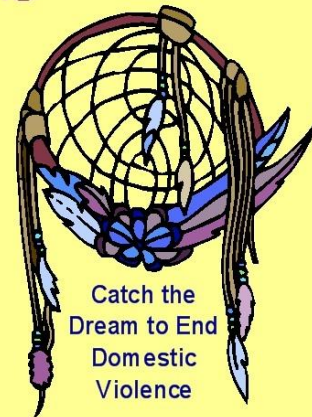
*Traditional Ceremonies*

*Candle Lighting Ceremony*

*Drumming / Singing*

*Candlelight Walk*

*Refreshments*



Catch the  
Dream to End  
Domestic  
Violence

**PLEASE COME AND JOIN US IN HONORING THE CIRCLE/AFFIRMING A  
VIOLENCE FREE FUTURE FOR ALL OUR HOMES**

*Houlton Band of Maliseet Indians  
Domestic Violence & Sexual Assault Program  
For More Information Contact:  
Jane Root, Program Director, 532-6401  
Catherine St John, Shelter Coordinator*





Domestic Violence

Houlton Band of Maliseet Indians  
Domestic Violence / Sexual Assault Program  
207-532-6401

Houlton Band of Maliseet Indians  
Domestic Violence / Sexual Assault Program  
207-532-6401

Dream Of A World Without Domestic Violence

Houlton Band of Maliseet Indians  
Domestic Violence / Sexual Assault Program  
207-532-6401







MALISEE

It starts  
with us to END  
THE Cycle for  
Our Children's  
Future

Survivor  
1998

"ABUSED  
NEVER  
AGAIN"

STOP The  
Violence

I Pledge Not To Use My Hand Or My Voice To Harm Another

WJ...  
The...  
and...  
Service





In Memory of  
Beverly Ritchie  
1924-2024

HOME  
Supports  
of  
Care

HOME  
Supports  
of  
Care

HOME  
Supports  
of  
Care

HOME  
Supports  
of  
Care







*For all you do, this  
cookie is for you!*

*Please accept  
this cookie as a  
token of appreciation  
for all you do to help  
battered women and  
children*



*The Houlton Band of Maliseet Indians  
Domestic Violence Response Program*

**532-6401**

This cookie is for you to help  
battered women and children. It is a token of appreciation.

*For all you do, this  
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*The Houlton Band of Maliseet Indians  
Domestic Violence Response Program*

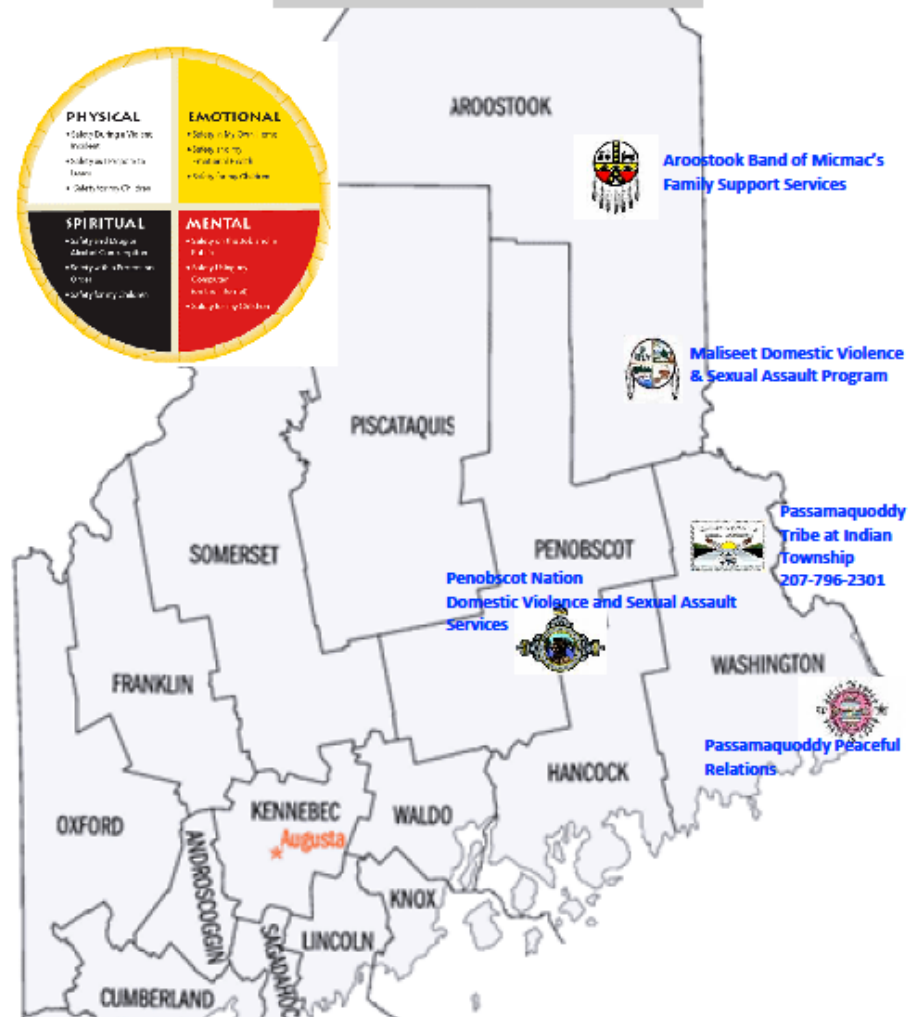
**532-6401**





This cookie is for you to help  
battered women and children. It is a token of appreciation.





**WABANAKI TRIBES OF MAINE**  
**Domestic Violence and Sexual Assault**  
**Services**



- 
**Aroostook Band of Micmac, Family Support Services, 7 Northern Road, Presque Isle, ME 04769**  
 Office: 207/764-1972 or 800/750-1435 Fax: 207/764-7667
- 
**Maliseet Domestic Violence and Sexual Assault Program, 690 Foxcroft Road, Houlton, ME 04730**  
 Office: 207/532/3000 Hotline: 207/532-6401 Fax: 207-532-0519
- 
**Penobscot Nation, Domestic Violence & Sexual Assault Services, 12 Wabanaki Way, Indian Island, ME 04468**  
 Office: 207/817-7469 Hotline: 207/631-4886
- 
**Passamaquoddy Peaceful Relations, P O Box 343, Perry, ME 04467**  
 Office: 207/853-2600 Ext 266 Hotline: 1-877-853-2613 Fax: 207/853-6681



the third annual  
**denim  
day** in the County

Tuesday, April 3, 2012

Denim Day is a day-long observance dedicated to raising awareness about sexual violence.

Wear your jeans with a purpose to show your support



DENIM DAY HISTORY

In 1999 the Italian Supreme Court overturned a rape conviction because the victim was wearing tight jeans at the time of the assault. The justices stated that the victim must have helped her attacker remove her jeans, from which inferred consent. People all around the world were outraged. Wearing jeans on this anniversary became an international symbol of protest against erroneous and destructive attitudes about sexual violence.

It's time to get involved!

April is Sexual Assault  
Awareness Month



Co-Sponsored By:

Maliseet Domestic Violence & Sexual Assault  
Program: 207-532-6401

AMHC Sexual Assault Services: 800-550-3304

Sexual Assault  
Awareness Month



# Visions

## ★ ART GALLERY ★

I was abused

but you can't touch me now

Don't touch my Cousin

**Jeans Day**  
Thursday April 30, 2010  
Jeans Day is a daylong observance dedicated to raising awareness about sexual violence.  
Wash your jeans with a program to show your support!

Seeds of Creativity  
Student Art Show  
April 29 - May 1, 2010  
10:00 AM - 5:00 PM








the first annual

# denim day

in the County

It happens in "The County"  
April is Sexual Assault  
Awareness Month



Tuesday April 20, 2010

Denim Day is a day-long observance dedicated to raising awareness about sexual violence.

Wear your jeans with a purpose to show your support!

Denim Day History  
In 1999 the Dallas Volunteer Center coordinated a local celebration that day the police were unable to find a trace of the items of the assault. The business reported that the victim had been "denim day" because she wore jeans from which she carried evidence. People all around the world were inspired, by putting jeans on this anniversary became an international method of protest against university and destructive attitudes about sexual violence.

denim

HEMMA





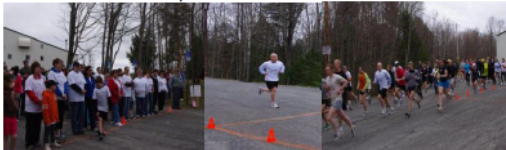
denim day in Aroostook County  
April 13, 2011  
Houlton Band of Maliseet Indians





# Breaking the Silence of Sexual Violence

Connect. Respect. Prevent Sexual Violence.



5 Mile Run or 2 Mile Walk

Date: April 28<sup>th</sup> Walk: 9:45 am Run: 10:00 am

Registration: Registration will begin at 9:00 am at the Maliseet Gym in Houlton located on Foxcroft Road.

Award Ceremony: Award ceremony held at 11:15 AM

Walking Category Awards: First 5 walkers

5 Mile Run Category Awards: (M & F) 14 and under, 15-18, 19-29, 30-39, 40-49, 50-59, 60+

5 Mile Relay: First Relay Group to finish

Kids Race Awards: (M & F) age categories TBA on race day, participation medals will also be awarded

For More Information: Contact: Katie Bell at 207-532-3000 E-Mail: [kbell@maliseets.com](mailto:kbell@maliseets.com)

Breaking the Silence 5 Mile Run/2 Mile Walk PLEASE PRINT

\*T-Shirts are available at NO COST to HBMI Tribal Members & Employees

Name \_\_\_\_\_  
 City/Town \_\_\_\_\_  
 Ph # \_\_\_\_\_ Age on Race Day \_\_\_\_\_  
 E-mail address \_\_\_\_\_ (this information is not shared)  
 (Circle one)  M  F  
 Event (circle one)  RUN  WALK  KIDS RACE (12 & under)  
 Are you participating in 5 mile relay (circle one)  Y  N |  
 Relay Group: 1.) \_\_\_\_\_ 2.) \_\_\_\_\_ 3.) \_\_\_\_\_  
 Are you representing a group/organization/agency? \_\_\_\_\_  
 Shirt Size (circle one) Youth Sizes:  YS  YM  YL |  
 Adult Sizes:  S  M  L  XL  XXL  
 \* T-Shirts are limited to pre-registered runners & walkers and first come first serve on race day. Waiver and release of liability must be signed on race day.

Please mail bottom portion of registration to:  
MDVSA Attention: Katie Bell, 690 Foxcroft Road Houlton, Maine 04730

This Event is Co-Sponsored By:





# Houlton

## 5K Run-Walk

Breaking the Silence of Sexual Violence



*Co-Sponsored By:*

**AMHC Sexual Assault Services  
Maliseet Domestic Violence &  
Sexual Assault Program  
The Aroostook Musterds**





# Did you know April is Sexual Assault Awareness Month?

Dear Tribal Member,

The Maliseet Domestic Violence & Sexual Assault Program would like to invite you to take part in our 2012 Sexual Assault Awareness Campaign. This year's theme is Healthy Sexuality. If you would like to learn more about how you can get involved please call us at 207.532.3000.



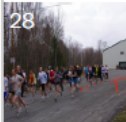

We hope to see at our community events!

April 3rd: Denim Day All Day, Wear your jeans to show your support!

April 6th: Zumba for Awareness  
Join us 6-8pm at the Rollerama



## Sexual Assault Awareness Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 It's Time to talk to your children about Healthy Sexuality	2 Do your homework. Read up on the topic of sexual development.	3 	4 Start an age-appropriate conversation about healthy sexuality.	5 Pay attention to what your children hear, see and say.	6 	7 Make it known you are available to discuss this as questions arise.
8 It's Time to talk about Consent	9 Drugs and Alcohol can render you unable to consent.	10 Consent needs to be clear & specific.	11 Consent can be fun and sexy.	12 Communicate with your partner about your boundaries.	13 Healthy Sexual Interactions are rooted in consent & respect.	14 Consent can be withdrawn at ANY time.
15 It's Time to talk about Gender Norms	16 Gender Norms are rules or ideas about how each gender "should behave."	17 Gender norms often have double standards.	18 Less restrictive gender norms can create healthier sexual interactions.	19 How do gender norms shape the way we view our bodies?	20 Those who adhere to strict gender norms are more likely to engage in risky sexual behavior like unsafe sex.	21 Strict gender norms influence bullying & harassment.
22 It's Time to talk about Sexuality Later in Life	23 Sexuality does not have an expiration date.	24 Sexual Violence is also a concern for older adults.	25 Be willing to discuss sexuality at any age.	26 73% of adults 57-64 reported they were sexually active. Along with 53% aged 65-74 & 26% aged 75-85.	27 Most adults ages 57-85 said sexuality is an important part of life.	28 
29 It's Time to talk about Sexual Violence against Native Women		Did you know Native Women are 2.5 times more likely to experience sexual violence than women in the US in general?	1 in 3 Native Women will be a victim of rape in their lifetime.	Rape is always an act of violence but there is evidence to support that violence against Native Women involves a higher level of additional physical violence.	Nearly 86% of rapes on Native Women are perpetrated by non-native men.	What can we do in the HBMI community to prevent sexual violence?

All Month: Shawl & Clothesline Project  
Be sure to visit our display at the Houlton Higher Education Center

April 28th: Break the Silence of Sexual Violence Run-Walk  
Registration begins at 9am at the Maliseet Gym





GET READY!! Zumba Event FRIDAY, APRIL 6th  
In Houlton!

IN RECOGNITION OF APRIL SEXUAL ASSAULT AWARENESS MONTH  
Promoting Healthy Sexuality

DATE: FRIDAY, APRIL 6, 2012

TIME: 6:00 PM - 8:00 PM

REGISTRATION: STARTS AT 5:45 PM

LOCATION: Rollerama

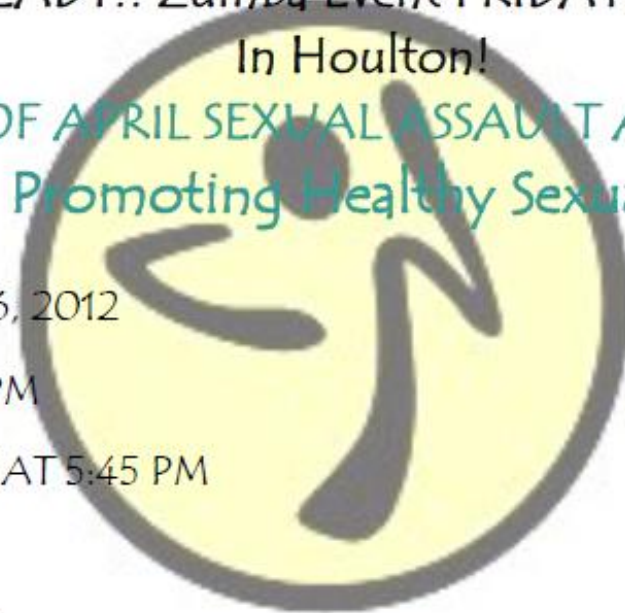
PRICE AT DOOR: \$10.00

CONTACT INFORMATION:

INSTRUCTOR: ALISSA BLACK Email: [fitness@maliseets.com](mailto:fitness@maliseets.com) 532-2240

SPONSOR: Maliseet Domestic Violence & Sexual Assault 532-3000

WE WILL BE PROVIDING BOTTLED WATER, FRUIT, AND HEALTHY SNACKS  
PRIZES FOR EVERYONE!!



ZUMBA®