Implementation of a Systems Model to Improve Intimate Partner Violence Services in Kaiser Permanente

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#### Kaiser Permanente (KP)

- Largest, non-profit health plan in United States
   Founded in 1945
  - > 8.6 million members nationally
  - serves 9 states and District of Columbia
  - > 15,130 doctors; 164,000 employees
- KP, Northern California
  - ➤ 3.4 million members
  - ➤ 4000+ doctors,
  - ➢ 55,000 employees
  - > 14 hospitals, 35 health care offices

## What does KP bring to this issue?

- Integrated system of care
   primary care and specialty care
   mental health services
   emergency services and hospitalization
- Extensive experience in chronic condition management, electronic health record, medical education, research
- Commitment to Prevention
- Social Mission







#### 2012 – every KP region is using "systems-model" to improve IPV services







### **Supportive Environment**



#### What is it?

- Information: restrooms, exam rooms, on-line, podcasts, health ed classes
- Posters: "Let us know, we can help"
- Reaching patients everywhere they contact the health care system
- Engaged and informed workforce



What are they?

- 24-hour crisis response line
- Emergency shelter
- Transitional housing
- Counseling
- Legal services



- Triage for other mental health conditions
- Danger assessment
- Safety plan
- Support groups
- Referral to community resources



#### Role of the clinician is clear and limited

- ASK
- AFFIRM
- ASSESS
- DOCUMENT
- REFER

Making the right thing easier to do

#### Implementation – how it's done

# Each medical center has Physician Champion and multi-disciplinary committee that:

meets regularly

implements the "Systems-model" in phases

reviews quality measures and develops annual goals

#### All medical center committees meet twice yearly for:

- leadership development
- > sharing best practices
- updates on research
- review of quality metrics
- developing goals and strategy

#### Phases of Implementation Intimate Partner Violence Prevention

<u>Phase 1:</u> • Identify Physician/NP Champion; • Create implementation team; • Develop protocol for referral to mental health services for crisis and non-crisis IPV+ patients

#### Oversight:

- Phase 2: Identify priorities and set timelines for the implementation team
- Phase 3: Oversee implementation and training plan Use NCQA quality reports to guide implementation
- <u>Phase 4:</u> Develop plan for long-term sustainability; Incorporate IPV prevention training into yearly staff trainings and new employee orientation

#### **INQUIRY and REFERRAL**

- <u>Phase 2</u>: Develop process for making tools available to dinicians for evaluation, documentation and reporting
- <u>Phase 3:</u> Provide trainings to MDs, NPs, nurses in ED/MIIC, Primary Care, Psychiatry, Specialty <u>Dents</u>, and the hospital on how to inquire, evaluate, document, report, and how to use the Tools Tile and OSCR;
  - Provide training for support staff (MAs, receptionists) in ED/MIIC, Primary Care, Psychiatry, other Specialty <u>Depts</u> and the hospital;
  - Provide training for PT, Chronic Care Managers and Health ED instructors;
  - Develop plan for training managers on employee IPV issues
- Phase 4: Establish Call Center protocols;
  - Establish quality improvement measure for processes for inquiry and referral to on-site mental health dinicians;
  - Coordinate/participate in workplace response to IPV
  - Coordinate services between in-patient and out-patient setting

#### SUPPORTIVE ENVIRONMENT

- <u>Phase 2:</u> Identify staff within Health Education department to participate on the implementation team, and to provide oversight for the environmental setup
- <u>Phase 3:</u> Place appropriate materials in exam rooms, waiting areas, and restrooms
   Establish mechanism for restocking materials in exam rooms, waiting areas and restrooms
- <u>Phase 4</u>; Develop outreach and publicity plan (such as articles in Member News, employee newsletter, etc.)
  - Promote awareness of resources for Kaiser Permanente employees affected by intimate partner violence

#### Phase 2: • Provide trainings and tools to mental health clinicians receiving

**ON-SITE IPV SERVICES** 

- referrals <u>Phase 3:</u> • Establish link between mental health providers and community
  - advocacy organization
  - Develop system for providing updated community resource materials to mental health dinicians
- Phase 4: Develop systems for the following:
  - a. Coordination between departments and dinicians providing mental health services (ex: Social Services and Psychiatry);
  - b. Referral from mental health to community advocacy agency
  - c. Provision of feedback to front-line dinicians regarding mental health services provided to individual patients
  - Increase awareness of Employee Assistance Program (EAP) as a resource for KP employees affected by intimate partner violence

#### **COMMUNITY LINKAGES**

- <u>Phase 2:</u> Identify local community advocacy organization and invite a representative to implementation team meetings
- <u>Phase 3:</u> Develop agreement with community advocacy organization for protocol for calling their emergency response team, availability of support groups, and materials to facilitate referral and follow-up;
  - Identify other community resources such as law enforcement, judiciary/courts, Child Protective Services, and Adult Protective Services;
  - Identify Kaiser liaison to communicate with community advocacy representatives and facilitate their inclusion in meetings and trainings
- Phase 4: Actively engage in collaborative activities
  - Develop and implement a tracking mechanism for evaluation of collaboration
  - Explore opportunities for work with employer groups



The Permanente Medical Group, Inc. • FVPP Systems Model Overview Rev. March 14, 2008

Inquiry and On-site IPV Referral Services Leadership and Oversight Supportive Environment Community Linkages

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# **KP Quality Improvement Measures**

- Use automated database
- Make sense clinically
- Actionable
- Linked with NCQA standard

NCQA: "QI 11 – Demonstration of a health program showing continuity and coordination between medical and behavioral health care."

## **IPV Quality Measures**

#### **Qualitative measures**

#### Each medical center has:

- Physician champion for IPV
- Multi-disciplinary team to implement the model
- Protocol for referral to mental health

## **IPV Quality Measures**

**Quantitative measures** 

- IPV identification
- Mental health follow-up among those newly identified

#### **IPV Quality Measures**

# Why measure IPV identification rather than screening rates?

# KP Northern California Six-fold Increase in IPV Identification



#### IPV Quality Data: focus on women age 18-65

Why focus on this group?

Women age 18-65 are at highest risk for IPV

#### IPV identification rate among women age 18-65

Medical Center	Women Members Ages 18 - 65	Women Experiencing IPV Denominator	Women Diagnosed with IPV Numerator	IPV Identification Rate Rate (%)	
Medical Center A	15,486	619	288	46%	
Medical Center B	16,420	657	219	33%	
Medical Center C	28,796	1,152	295	26%	
Medical Center D	8,134	325	82	25%	

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### **IPV identification rate – by Departments**

## Medicine, OBGyn, ED, Psychiatry, and Chemical Dependency

Medical Center	Women Members Ages 18 - 65 Who Visited Medicine Dept	Women Experiencing IPV	Women Diagnosed with IPV	IPV Identification Rate Among Women Who Visited Medicine Dept
		Denominator	Numerator	Rate (%)
Medical Center A	2150	946	195	21%
Medical Center B	1603	705	139	20%
Medical Center C	676	297	46	15%
Medical Center D	2988	1,315	181	14%

#### Mental Health Follow-up



#### Reports are sent via email to clinic teams and to Chiefs groups and other leadership groups

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# Reports allow comparison with other medical centers

IPV Identification Rate Among Women Age 18-65, By Medical Center



# Women's Health Dashboard Outpatient Quality Metrics

Breast Cancer Screening	Cervical Cancer Screening	Chlamydia Screening	Post-Partum Visit Rate	PreNatal Entry	Intimate Partner Violence

#### New data reports - clinician level data

How many patients does each clinician identify with IPV in a year?

Findings: much variation in practice

Action: clinicians who identify more IPV share learnings with others



#### Empowering. Offering Hope. Breaking the Cycle.

Kaiser Permanente is proud to be a leader in preventing family violence. www.kp.org/domesticviolence

#### **Contact Information**

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kp.org/domesticviolence

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