

# **Intimate Partner Violence/Domestic Violence Training Guide For Pediatric Residents Summer 2011**

**Developed by:**

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July 14, 2011

**Session One:**

Introduction of curriculum

Pre-test (Physician Readiness to Manage Intimate Partner Violence instrument)

Define and discuss dynamics of domestic violence (DV)

Present misperceptions, myths and facts about DV.

Present Materials to be disseminated to youth & families

**Presenter:**

Alexandra Smith, LCSW Project Coordinator Start Strong Bronx

**Goals:**

- 1) Understand and conceptualize issues of domestic violence (DV)
- 2) Understand how DV is a health issue
- 3) Be able to discuss the relationship between witnessing and/or childhood/youth abuse and adult DV
- 4) Discuss role and responsibility of pediatrician in preventing childhood DV

**Objectives:**

- 1) Define Domestic Violence (DV) and Teen Dating Violence (TDV)
- 2) Identify types of abuse and dynamics of violent relationships
- 3) Identify effects of domestic violence on youth and their families
- 4) Learn the, "truth" about widely held misperceptions regarding DV
- 5) Learn about community resources & services for Bronx youth

**Activities:**

- 1) Pre-test
- 2) Discussion & Presentation

**Homework:**

**Appendix A**

- 1) Mary J. Erickson, Teressa D. Hill and Robert M. Siegel, "Barriers to domestic violence screening in the pediatric setting"
- 2) "The role of the Pediatrician in Youth Violence Prevention in Clinical Practice and at the Community Level" Task Force on Violence, AAP
- 3) Improving the Healthcare Response to Domestic Violence: A Resource Manual for Healthcare Providers" Chapter 1

**July 19, 2011**

**Session Two:**

**Dating Violence Screening Techniques and Tools**

**Presenter:**

**Cynthia Lewis, MD Medical Director of Adolescent and Young Adult Health Programs**

**Goals:**

- 1) Learn how to screen adolescents for teen dating violence and domestic violence in the home**
- 2) Be able to identify signs of dating violence and witnessing domestic violence**
- 3) Be able to raise the issue of dating violence/domestic violence with your young patients**
- 4) Be skilled in educating young patients about safe and healthy relationships**
- 5) Know what to do if DV is identified**
- 6) Understand the role and responsibility of the practitioner**

**Objectives:**

- 1) Learn how to talk to tweens and teens about DV**
- 2) Learn the obvious and subtle signs of dating violence and domestic violence**
- 3) Learn how to talk to tweens and teens about healthy relationships**
- 4) Know what to do if a patient is experiencing dating violence or DV**
- 5) Learn how to create a safety plan with youth and refer to appropriate services**

**Activities:**

- 1) Presentation and Discussion**
- 2) Role Play**

**Resources:**

**Appendix C**

- 1) "Connected Kids Clinical Guide" handouts for youth**
- 2) Sample of a safety plan**
- 3) Sample Role Plays**
- 4) FAQs from partner middle school students**

**August 2, 2011**

**Session Three:**

**Presenters:**

**Andy Benejam, LCSW-R, MPA Director of Social Work Bronx-Lebanon  
Hospital Center (BLHC) (30 minutes)  
Hospital Administrative Policy on DV and Sexual Assault  
New York State Law and the Joint Commission on Accreditation of  
Healthcare Organizations (JCAHO)**

**Alexandra Smith, LCSW (30 minutes)  
Tips and techniques on how to engage youth.**

**Goals:**

- 1) Know BLCH rules, regulations and protocol regarding DV**
- 2) Have a working knowledge of expectations from JCAHO**
- 3) Understand ethical dilemmas related to youth and DV**
- 4) Understand how to engage youth in conversations about relationships**

**Objectives:**

- 1) Understand BLHC's protocol for identifying DV,**
- 2) Know what to do during regular office hours and after hours**
- 3) Learn about community legal services for Bronx youth**
- 4) Know strategies for engaging youth**

**Activities:**

- 1) Presentation by Andy Benejam**
- 2) Discussion by Alexandra Smith with Assistance from Teen Advisory Board members.**

**Resources:**

**Appendix B**

- 1) BLHC Administrative Policy on DV and Sexual Assault**
- 2) JCAHO standards**
- 3) Resources for youth and legal services**

**August 9, 2011**

**Session Four:  
How to Talk to Parents of Young Patients**

**Presenter:  
Cynthia Lewis, MD Medical Director of Adolescent and Young Adult Health  
Programs**

**Goals:**

- 1) Understand importance of pediatrician's role in identifying DV and talking to parents about safe and healthy relationships
- 2) Have a rudimentary working knowledge of how to use the American Academy of Pediatrics' (AAP) "Connected Kids Clinical Guide" in your clinical practice with youth

**Objectives:**

- 1) Identify challenges to implementing the guide
- 2) Become familiar with the AAP handouts
- 3) Identify personal biases and concerns about DV
- 4) Discuss ways to overcome personal biases for the good of the patient

**Activities:**

- 1) Presentation and Discussion
- 2) Role Plays

**Resources:**

**Appendix D**

- 1) "Connected Kids Clinical Guide" handouts for caregivers

**August 16, 2011**

**Session Five:  
Teen Dating Violence**

**Presenter:  
Sophia Pazos, LMSW, Sanctuary for Families**

**Goals:**

- 1) Understand how IPV can be identified at a pediatric appointment.
- 2) Know barriers to care.
- 3) Understand real life situations and how to manage them.
- 4) Learn the importance of safety planning.

**Objectives:**

- 1) Be able to identify different types of abuse including:
  - a. Sexting, texting and cyber-bullying
- 2) Know how to safety plan
- 3) Be able to converse with young patients about technology as a weapon and how to maintain safe boundaries
- 4) Discuss how IPV manifests in the lives of youth and how the pediatrician can identify subtle warning signs.

**Activities:**

- 1) Real life Role Plays and discussion.

**Resources:**

**Appendix E**

- 1) Mayor's Office to Combat Domestic Violence Fact Sheet Calendar Year 2009
- 2) Mayor's Office to Combat Teen Dating Violence Fact Sheet Calendar Year 2007
- 3) Power and Control over Immigrant Women Wheel
- 4) Victim Empowerment Wheel

**August 30, 2011**

**Session Six:  
Role Play  
Q&A**

**Presenter:  
Cynthia Lewis, MD Medical Director of Adolescent and Young Adult Health  
Programs**

**Goals:**

- 1) Review screening techniques for youth**
- 2) Review how to talk to parents and caregivers about safe and healthy relationships in the 11 and 12 year old visit**
- 3) Discuss importance of pediatrician's role in talking to the family unit about healthy relationships and dating violence prevention**

**Objectives:**

- 1) Offer participants the opportunity to practice new engagement skills.**
- 2) Demonstrate skills in screening and educating youth and parents**

**Activities:**

- 1) Practice role plays**
- 2) Post test**