## Improving Domestic Violence Resources in the Health Care Setting:

A Partnership between a Managed Care Organization and Community Health Centers Presentation at the National Conference on Health and Domestic Violence, March 2012 Sara Nechasek, MM & Kate Lufkin, LICSW





#### **Presenters**

#### Sara Nechasek

- M.M., Brandeis University
- Senior Project Manager, Neighborhood Health Plan

#### Kate Lufkin

- MSW, Tulane University
- Director of Social Services, South Boston Community Health Center



#### **Neighborhood Health Plan**



- Non-profit managed care organization in MA for 25+ years
- Founded by community health centers
- Over 243,000 members
- Primarily Medicaid and state-subsidized members
- 450 employees



# Why a Health Plan?

- Relationship between DV and health
- Impact on our members and employees
- Access to large number of community providers
- Commitment to community, prevention, and vulnerable populations
- Organizational capacity and resources



#### **NHP Domestic Violence Initiative**

- NHP DV Initiative's began 5+ years ago
- Started as resource identification and community collaboration
- Grew into full program included in NHP's Community Benefits program and web content
- Includes Advisory Board with external experts to guide program and internal Task Force



#### **Goals of NHP-CHC Collaboration**

- Build CHC capacity
  - Community collaborations
- Identify existing resources
  - Delphi assessment tool
- Implement improved policies & protocols
  - Training & technical assistance
- Disseminate best practices
  - Apply these methods to other CHC sites





#### **CHC Identification**

- CAP/CCHERS conducted survey for NHP
- 54% of MA CHCs completed online survey
- Improvement areas: DV staff training (89%);
  DV policies (61%); and DV screening (61%)
- Barriers: Competing priorities (52%); lack of resources (36%)
- Chose sites based on indicated desire to improve and need to improve



# South Boston Community Health Center

- Established 1972
- Full-service health facility featuring family, adult and pediatric medicine clinics, obstetric care, eye care, dental care and a pharmacy
- 160 employees





#### **CHC Assessment**

- Modified assessment tool based on previous tools\*
- In-person interview
- Two interviewers for accuracy
- Collected copies of policies and screening questions



Modified with assistance from S. Chandler, A. Lewis-O'Connor and





## **DV Program Implementation**

- Summarized assessment results
- Highlighted areas for improvement and strengths
- Provided site with recommendations from list of needs
- Asked site to prioritize tasks and identify key contact



## **DV Program Implementation**

- Community Health Centers often do not have staff specifically trained in DV
- By working with NHP, we were able to develop a comprehensive DV screening policy and train staff how to respond to positive screens
- Early detection/intervention in DV cases can lead to healthier lives for our patients



#### **Program Outcomes**

- DV Screening policy developed and implemented
- Training provided to nurses & medical assts
- Nurses more comfortable handling DV related issues with patients
- Referrals to social services increased for safety planning, etc.

rhood

 Referrals to Medical Legal partnership increased

## Challenges



- Overcoming financial barriers
  - No compensation for non-billable time or training time
- Resource and time burdens
  - Making time for DV screening and training given all other requirements for screening and training
  - DV screening not mandated
  - Resistance to "another training"



# **Challenges (continued)**

- Leadership buy-in
- Physician engagement (in addition to nurses and medical assistants)
- Comfort with the nature of DV work and empowering staff to utilize their knowledge



## Sharing Best Practices and Lessons Learned

- Importance of leadership buy-in
- Building internal capacity
- Transferring tools to more sites (policy templates, etc.)
- Learning how to tailor trainings for different staff populations (e.g., training for physicians may be different from training for nurses or medical assistants)



#### **Future Directions**

- Moving beyond screening
- Maintaining improvements (sustainability of policy and protocol changes)
  - Regular training, re-training, and train the trainer
  - Keeping up to date on top-down changes (i.e. IOM screening regulations)
  - Using evidence-based practices
- Leverage technology tools (webinars, etc.)







#### Acknowledgments

- Bernadette Di Re, Project Lead at NHP (formerly)
- Keisha Ormond and Community Advocacy Program (CAP)
- Sue Chandler, Executive Director at Dove, Inc (formerly of CAP)
- Lorraine Lafata, Advisor and Clinical Trainer
- Sarah Roberts, MPH student intern at NHP



#### **Questions?**





#### **For More Information**

- <u>www.nhp.org</u> (type Domestic Violence in search box)
- Sara Nechasek 617-772-5689 or sara\_nechasek@nhp.org

